



SANKARA EYE FOUNDATION, INDIA[®]



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VISION MATTERS

SANKARA EYE FOUNDATION
INDIA

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LET'S ENGAGE



Dear Colleagues,

The Foundation of any Institution is the Human Resource. Just like hardware and software in a Computer, the infrastructure created for the Hospital is the hardware and the Human Resource constitutes the software. It is only with the strong foundation one can aim for the Institution reaching greater heights. Towards this goal, you are the "Key".

Few decades ago, all of us used to often refer to "Manpower", which later got changed to "Human Resource". As Institution started growing, everyone realised the importance of Human Resource Development leading to Human Asset and Human Capital.

How does this change, a kind of metamorphosis, from manpower to human capital happen? That is where the department of HR plays the vital Role. Constant orientation and re-orientation, skill development and capacity building are the regular exercises for creating the Human Asset.

Healthcare delivery is a unique field of activity, involving different cadres of people ranging from Doctors to Administrator Staff to support Staff; each with a different level of education, expertise and expectation. Bringing all of them into the same line of approach is indeed a challenge. This challenge becomes many fold in an Institution like Sankara Eye Foundation India with a Pan India presence involving people from different States, languages and cultural background.

Communication builds bridges. Apart from the ongoing efforts of the HR Department, the individual Leaders in every Unit, be it the Unit Head or the Administrators or the ICs, they have to take up the responsibility of regularly re-orienting the entire Team.

This kind of a sustained approach will bring in a sense of ownership and pride in the minds of each and every Employee and that alone would pave the way for that Unit to scale greater heights.

My Father Dr. A. Ramanathan used to often tell me,

"It is not the Stethoscope alone which matters, what is in-between the two ear pieces do matter a lot".

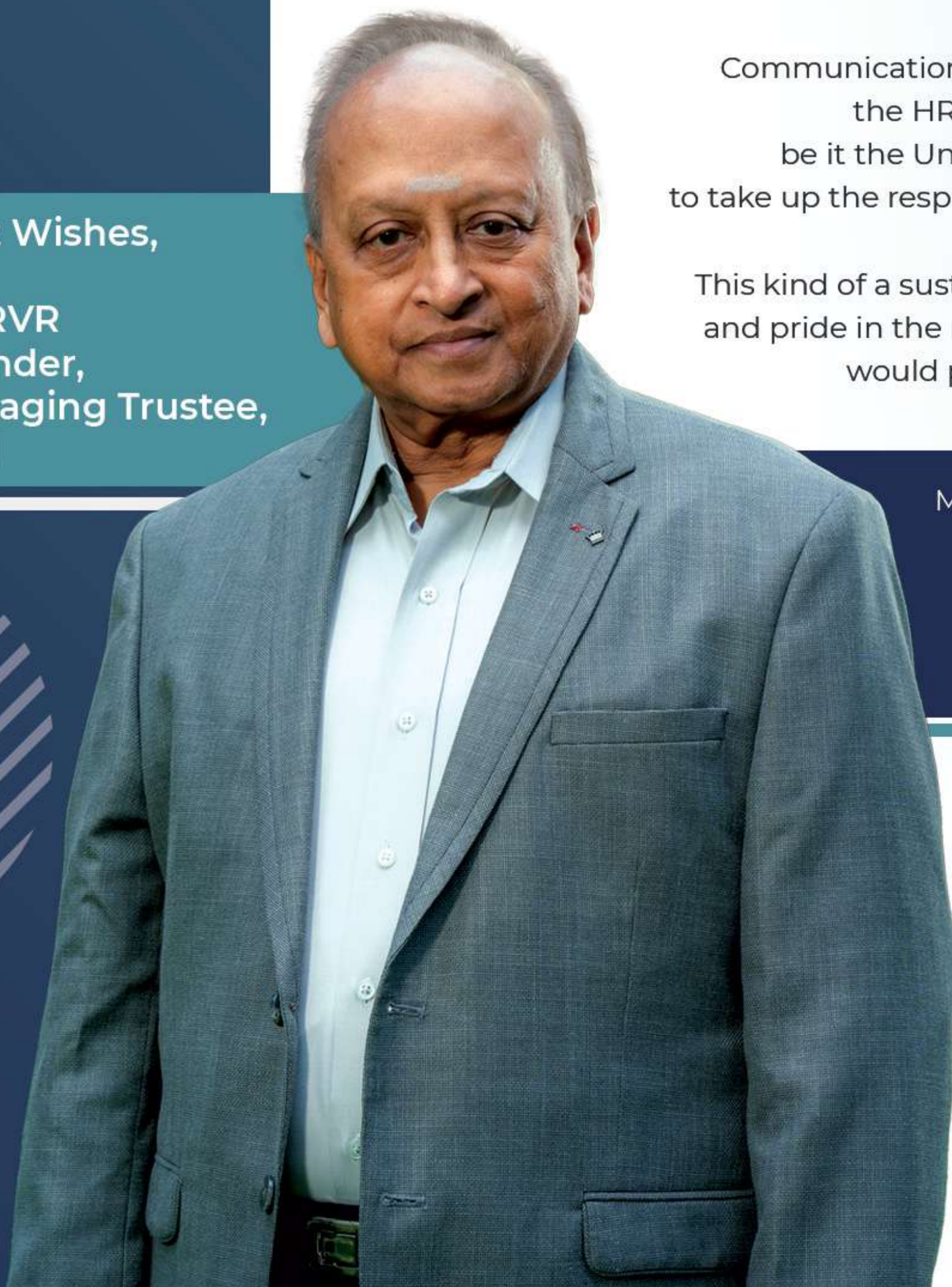
We the Human Resource of Team Sankara do matter; we are the brain behind. Let us take Sankara to much greater heights.

Sarve Jana

Sukhino Bhavanthu

Best Wishes,

Dr. RVR
Founder,
Managing Trustee,
SEFI



PRIDE OF SANKARA



BW BUSINESSWORLD HONOURED DR RVR & DR RR WITH THE SOCIAL IMPACT AWARD

BW Businessworld honoured Dr. RVR (Founder & Managing Trustee - SEFI) and Dr. RR (Co-founder - SEFI) with the 'Social Impact Award' on September 06, 2023, at an event held at Aloft Hotel, New Delhi.

This 2nd edition of 'Disrupt Social Impact Summit and Awards' is an initiative to spotlight the organizations and leaders whose works have a social impact at their heart and deliver a positive and permanent societal change for the present and the future.

If you are working on something that you really care about, you don't have to be pushed. The vision pulls you.



SEH RANKED AMONG THE TOP FIVE OPHTHALMOLOGY HOSPITALS OF INDIA

NEWS 18, a leading News channel, published a story on the Top Five Ophthalmology Hospitals of India on August 02, 2023, in which Sankara Eye Hospital topped the list to provide quality eye care services at affordable or free of cost to the community.

Proud Moment for Sankara Family Members!



75,000 GIFT OF VISION SURGERIES ACCOMPLISHED BY SEH-LUDHIANA

On August 26, 2023, SEH-Ludhiana completed 75K free cataract surgeries under the Gift of Vision Programme from 2012 - 2023 for underprivileged individuals. The day was made more memorable with a cake cutting by Dr. Manoj Gupta (CMO, Consultant-COR). All the Doctors, Admin, Paramedical and Unit Staff were part of the celebration.

Together We Can, Now and in the Future!



ZERO INFECTION CELEBRATIONS ACROSS SEFI

SEH-GUNTUR

AUGUST 2023

SEH-Guntur celebrated Zero Post-Operative Infections for August 2023 after efficiently handling 4904 surgeries (Paying OT - 1750 and Community OT - 3154). A cake-cutting was done on September 11, 2023, by the Outreach Department and Community Ward Staff in the presence of Dr. Sudhakar Potti (CMO, Consultant-COR).



SEPTEMBER 2023

SEH-Guntur celebrated Zero Post-Operative Infections for September 2023 after successfully handling 3812 surgeries (Paying OT - 1790 and Community OT - 2022). A cake-cutting was done on October 06, 2023, by Dr. Sudhakar Potti (CMO, Consultant-COR) with Housekeeping and Security Staff's presence.



SEH-LUDHIANA

AUGUST 2023

SEH-Ludhiana celebrated Zero Post-Operative Infections for August 2023 after efficaciously handling 601 surgeries (Paying OT - 65 and Community OT - 536). A cake-cutting event was held on September 02, 2023, in the presence of Dr. Manoj Gupta (CMO, Consultant-COR), during which Admin, Paramedical, and Unit Staff were present.





RJSEH-PANVEL

JULY 2023



RJSEH-Panvel celebrated Zero-Post Operative Infections after effectively handling 593 surgeries (Paying - 108, Non-paying - 480, and Septic OT - 5) in July 2023. A cake-cutting for the same was done on August 05, 2023, by Panvel Unit Staff.

AUGUST 2023



RJSEH celebrated Zero Post-Operative Infections for August 2023 after successfully handling 1015 surgeries (Paying OT - 133, Community OT - 871, and Septic OT - 11). A cake-cutting was done on September 09, 2023, by RJSEH-Panvel Staff.



SEH-COIMBATORE

JULY 2023

SEH-Coimbatore celebrated Zero Post-Operative Infections after successfully handling 4633 surgeries in July 2023. A cake cutting was done on August 12, 2023, by Doctors and Staff of the Coimbatore unit.

AUGUST 2023

SEH-Coimbatore celebrated Zero Post-Operative Infections for August 2023 after performing 4114 surgeries. Dr. Shruthi Thara (CMO, Consultant-O) and all Unit and Paramedical Staff were part of the cake-cutting held on September 02, 2023.

SEPTEMBER 2023

SEH-Coimbatore celebrated Zero Post-Operative Infections for September 2023. A total of 3935 surgeries were performed without any post-operative infections. A cake-cutting was done in the presence of Dr. Rajesh Prabhu (Consultant-PO) on October 06, 2023.





SEPTEMBER 2023

SEH-Kanpur celebrated Zero Post-Operative Infections for September 2023 after efficiently handling 903 surgeries (Paying OT - 109 and Community OT - 794). A cake-cutting ceremony was held on October 07, 2023, in which 25 Kanpur Unit Staff participated.

Kudos to the Units for reaching another Quality Notch!



EMPLOYEE ACHIEVEMENTS



DR ANKITA SAHA OF SEH-JAIPUR AWARDED BY THE EYE SOCIETY OF RAJASTHAN

Dr. Ankita Saha (Consultant-COR) was awarded by Mrs. Shubhra Singh (ACS, Medical and Health Department, Government of Rajasthan) at the Eye Bank Society of Rajasthan (EBSR) during the National Eye Donation Fortnight event held on September 08, 2023, for performing the maximum number of Keratoplasty surgeries in the state of Rajasthan for the year 2022.

SEFI is proud of your incredible achievement, Dr. Ankita Saha!



DR SWAROOP SINGH RATHAUR OF SEH - JAIPUR HONOURED WITH LIFETIME ACHIEVEMENT AWARD

Dr. Swaroop Singh Rathaur (Anesthetist) was honoured with the 'Life Time Achievement Award' by Dr. Sugandha Raha (DG, Railway Health Services) at Central Hospital, Northern Railways, North Delhi, during the Annual Conference of Railway Association of Indian Society of Anaesthesiology (RAISA) on September 16, 2023.

Sankara Family's wishes to Dr. Swaroop Singh Rathaur for receiving this prestigious recognition!



SPOTLIGHT

VARANASI PROJECT UPDATES



PROJECT STATUS - AS OF SEPTEMBER 2023

- Basement Floor - Roof Slab Concrete: **Completed**
- Basement Floor - Internal Brick Work: **Under Progress**
- Ground Floor Part-A - Roof Slab Concrete Work: **Completed**
- Ground Floor Part-B - Shuttering Work: **Under Progress**
- Compound Wall - Retaining Wall Concrete Work: **Under Progress**



Address

SM, Plot Number 193&194,
Tulsiipatti Village, Tehsil Pindra,
Varanasi District,
Uttar Pradesh, India.

NEWS STAND



NINTH SANQALP QUALITY WORKSHOP 2023 AT SEH-BENGALURU

The 9th SanQALP workshop was held successfully at SEH-Bengaluru on September 28&29, 2023, to increase Patient Safety and Quality across all units. The session commenced with our Dr. RVR (Founder, SEFI), who accentuated the significance of purpose-driven service.



Six external experts, Mr. Nagarajkanna Paramasivam (Head International Business (IB) Quality, TVS Motor Company Ltd.), Mr. Pratik Khandelwal (Founder - RampMyCity), Mr. Deepak Agarkhed (Consultant - Projects & Medical Technology, IISc), Mr. Dilip Krishna (CEO - Carpe Diem), Mr. Ashok Kunapareddy (CEO - Lean Healthcare Initiatives), Mr. Abdul Razack (Senior Manager - Corporate Nursing Operations, Quality & Regional Lead – HCG) and three internal faculties Mr. Gokul R (Psychologist, Sankara Academy of Vision - Bengaluru), Dr. Nisha Ahuja (CMO, Consultant - COR, SEH-Anand), Dr. Kamala Mahesh (Consultant & HOD-Glaucoma, SEH-Shimoga) were invited.

60+ active participants across the units who attended the two-day Quality Assurance Learning Programme include Unit Heads, CMOs, Senior Consultants, Quality Officers, Vertical Heads (MHQ), a few MHQ staff, MRD, Lab, etc.

RE-LAUNCH OF SERVIS APP AT SEH-COIMBATORE

On July 17, 2023, the SERVIS (Sankara Electronic Remote Vision Information System) APP was re-launched by Dr. Radha Ramani (Co-founder - SEFI) in the presence of Ms. Seetha Chandrasekhar (Trustee, SEFI), Mr. Bharath Balasubramaniam (President - SEH) highlighted the usefulness of the SERVIS Mobile App to all VHV's who joined the launch via Teams meeting from their respective units.



The application intends to be used by more than 60 Vision Health Volunteers who will undertake door-to-door household screening in the communities. The re-vamped SERVIS APP will simplify data collection, which helps in a deeper understanding of Community Eye Care requirements and develop response strategies that facilitate Sankara to improve the quality of service.

BUSINESSWORLD STORY ON DR NEERAJ SHAH OF SEH-JAIPUR

Businessworld Magazine interviewed Dr Neeraj Shah (CMO, Consultant-COR) for BW Healthcare's July-August 2023 issue. In this, Dr. Neeraj Shah addressed the non-accessibility of quality health care to the large Indian population regardless of the demographics. Also, he expressed that Sankara Eye Foundation is heading toward a great Vision of providing approximately 400,000 free eye surgeries every year by 2030 and aims to become the largest eye care provider with both in-built resilience and sustainability.



CLINIC INAUGURATIONS AT SEFI



MYOPIA IWELLNESS CLINIC INAUGURATION AT SEH-COIMBATORE



“An authorized medical survey shows that the global myopia population is witnessing an exponential rise, with 30% of the current population being myopic. By 2050, there are predictions to reach a staggering 50%, a whopping 5 million people.”

Dr. Nandhini Rangasamy (Director, Cognizant Foundation Board) and Ms. Maya Sree Kumar (Vice President - HR, Cognizant, Coimbatore) inaugurated the Myopia iWellness Clinic on September 11, 2023, at SEH-Coimbatore. The inauguration function took place at the Dr. N Mahalingam Auditorium, during which all staff of SEH-Coimbatore were present.



EARLY VISION INTERVENTION CENTRE AT SEH-COIMBATORE

“A recent study shows that one in sixty childbirths is affected by Autism Spectrum Disorder in many cases where the vision problems go undetected and unseen. However, initial detection of ASD-related vision problems can be life-changing to child and their family members.”

Milestone, Early Vision Intervention Centre for Children with Autism Spectrum was inaugurated by Dr. S. V. Balasubramaniam (Chairman, SKKMT Trust) (Founder & Chariman - Bannari Amman Group) in the presence of Ms. Swathy Rohit (Co-founder, CEO - Health Basix), Ms. Poornima Sankar (Founder - Surya for Life), and Dr. RVR (Founder & Managing Trustee - SEFI) on September 21, 2023, at SEH-Coimbatore.



TRAINING SESSIONS AT SEFI

SEVA TRAINING SESSIONS ACROSS SEFI

Soft skill training helps improve employee communication, time management, and decision-making skills for rendering quality patient services!



SEH-JAIPUR

Mr. Anubhav Trivedi (External Trainer, QUESS CORP) conducted SEVA training from July 03-14, 2023, at SEH-Jaipur.

Nearly 92 employees (grouped into four batches) encompassing Doctors, Admin, Paramedical, and Support Staff made their presence at the soft-skill enhancing session.



SEH-SHIMOGA

Mr. Adikeshava Prakasha Shatry (External Trainer, QUESS CORP) conducted SEVA training from July 14 - August 23, 2023 at SEH-Shimoga. Nearly 315 employees (grouped into seven batches) consisting of Doctors, Admin, Paramedical, and Support Staff attended the session and enriched their soft skills.



SEVA Training modules focus on topics like

Empathy & Grooming

Service with Compassion

Impactful Communication

Patient Sensitivity

Positive Behaviour



SEH-ANAND

Ms. Rakhi Dutta (External Trainer, QUESS CORP) conducted SEVA training from July 10-14, 2023, at SEH-Anand. Nearly 54 employees attended the engaging training session and enhanced their soft skills.





BLS TRAINING AT SEH-ANAND

SEH-Anand organized Basic Life Support (BLS) training on July 01, 2023. Dr. Hitendrasinh Parmar (Registrar – GO) conducted the session to knowledge-enrich the participants in recognizing and aptly responding to cardiac, breathing, and first aid emergencies. The session shows how to provide instantaneous care to a suddenly injured or ill person until a medical professional arrives and delivers the care. Nearly 40 employees attended the life-saving practical session.

Training for Earning Knowledge and Confidence to Save Lives!



TRAINING ON ECG AND DEFIBRILLATOR MACHINE HANDLING AT SEH-ANAND

Automated External Defibrillator (AED) auto-diagnoses heart rhythms and detects whether the patient requires a shock. If necessary, it automatically administers shocks without human intervention.

Ms. Hiral (Biomedical Engineer, MINDRAY) gave comprehensible and elaborate training on handling the new ECG and Defibrillator Machine to all the Paramedical Staff of SEH-Anand on September 20, 2023.



FIRE SAFETY TRAINING SESSIONS ACROSS SEFI

Fire Safety Training equips the employees with a set of practices and protocols to combat any unexpected fire that helps minimize the hazard!



SEH-GUNTUR

SEH-Guntur organized a Fire Safety Training session on July 22, 2023. Mr. A. Raviteja (Quality Officer) and Mr. G. Srirama Murthy (ASO) conducted a mock session for the 15 Community Ward staff who attended the session and benefitted.



SEH-JAIPUR

Mr. G. Srirama Murthy (ASO, MHQ-Guntur) conducted a Fire Training Session for Doctors, Paramedical, and Unit Staff of SEH-Jaipur on September 23, 2023. More than 10+ employees participated in the practical session and benefitted.





SEH-COIMBATORE

Mr. Rajakumar (Facility Manager) and Mr Rameshkumar (TECH - Lab & Quality) conducted Training on Code Red Mock Drill at SEH-Coimbatore on September 26, 2023. Nearly 55+ staff consisting of Doctors, Admin, and Paramedical Staff, participated in the training and benefitted.



SHIKSHANA SESSION AT SEH-JAIPUR

As per reports, India ranks second in cyber security breaches, with a whopping 1.4 million identity thefts. The appropriate training educates the employees to understand the significance of cyber security along with ways to identify threats and safeguard themselves against such instances.



On July 01, 2023, Mr. Ravish Gupta (CEO, WIPL) conducted an engaging Shikshana session on 'Cyber Security and Personal Identity Protection' for all staff and doctors of SEH-Jaipur.



PF AWARENESS PROGRAMME AT SEH-GUNTUR

Mr. Pattan Elias (Enforcement Officer) conducted the 'Nidhi Aapke Nikat – PF Awareness Programme' at SEH-Guntur on August 27, 2023. The topics presented during the awareness session were as follows

- Salient features EPF & MP ACT 1952 - An act that mainly provides retirement/ old age benefits - such as Provident Fund, Superannuation Pension, Invalidation Pension, Family Pension and Deposit-Linked Insurance
- Benefits of these schemes
- Responsibilities of the employers/principal employers
- Duties and responsibilities of employees/members
- What should be done if the contributions are not made or delayed
- Online services for Employers and Employees

The workshop concluded with a doubt clarification session for the employees. More than 20 employees participated in the programme and benefitted.





INFECTION CONTROL GUEST LECTURE AT SEH-ANAND

Infection Control Training is of humongous significance for all healthcare professionals as it educates them on protocols that help prevent or stop the spread of infection!

Dr. Kalpesh Shah (Microbiologist, SEH-Anand) delivered an Infection Control guest lecture on September 23, 2023, which gave acumens of the topic to all Paramedical staff who actively participated during the knowledge-beneficial session.



MEETINGS ACROSS SEFI UNITS



TOWN HALL MEETING AT SEH-ANAND

Mr. Bharath Balasubramaniam (President, Sankara Eye Hospital) visited SEH-Anand on July 11, 2023, and conducted a general meeting with all unit staff. During the insightful meeting, Mr. Smit Shah (Administrator), Dr. Nisha Ahuja (CMO, Consultant-COR), Ms. Snehalben Parmar (Officer - HR), and all Doctors, Admin, and Paramedical Staff were present.



CME MEET ON ADVANCING REFRACTIVE SURGERY EXCELLENCE AT SEH-JAIPUR

On July 15, 2023, SEH-Jaipur, in association with the Jaipur Ophthalmological Society (JOS), conducted a CME meeting on 'Advancing Refractive Surgery Excellence' at Grand Uniara. More than 95+ eminent Ophthalmologists from Jaipur attended the meeting. Dr. J.K. Reddy (SR. Consultant - COR) was the keynote speaker for the event, with Dr. Neeraj Shah (CMO, Consultant-COR) making his presence on the day. SEH-Jaipur employees - Dr. Nishant Jain (Unit Head - SEH), Mr. Vinod Khandelwal (D. MGR - BD), Mr. Banshidhar Yadav (D. MGR - IS), Mr. Manish Kumar Vashishtha (EXEC.- BD) were an active part of the event.





CME MEET ON THE PAEDIATRIC OPHTHALMOLOGY PG UPDATE PROGRAMME AT SEH-JAIPUR

SEH-Jaipur, in association with Rajasthan Ophthalmological Society (ROS), organized a CME meeting on the 'Post Graduate Update Programme on Paediatric Ophthalmology' on September 03, 2023. More than 80+ eminent Doctors and PG Students attended the CME meet. Dr. Visweswaran S (Consultant - PO), Dr. Sowmya R (Consultant - PO, SEH-Bengaluru), Dr. Divya C (Registrar - PO), Dr. Ankita Saha (Consultant - COR), Dr. Jaswant Singh (Consultant - GLAU), marked their presence during the meet.



CME MEET ON HOSPITAL INFECTION CONTROL AT SAV-BENGALURU

Sankara Academy of Vision (SAV), Bengaluru, in collaboration with Karnataka Medical Association and Raman&Weil conducted a CME - Certificate Programme on 'Hospital Infection Control' on September 24, 2023. The meeting was attended by 130 participants, including Doctors and other Hospital Staff from various institutions across Karnataka. Dr. Kaushik Murali (President of Medical Administration, Quality and Education), Dr. Saptagirish R (Dean, SAV), Dr. Divakar G V (DNB Faculty, SAV), Dr. Tejaswini (Administrator, SAV), Dr. Geeta Fulari (D. GM - QC), Mr. Arjun Raj B (MGR - QLT CTRL), were present during the meeting.



OPTOMETRY CONFERENCE AT RJSEH-PANVEL

On August 17, 2023, RJSEH-Panvel organized an Optometry Conference, during which Ms. Vandana Kamth (Optometry Faculty, SAV-Bengaluru) held a session for the students of D.Y. Patil College that focused on 'How Optometrists can serve as a bridge between Patient and Ophthalmologist?'. All the participants provided positive feedback for the conference, which marked the session's success.



ACOIN KARNATAKA CHAPTER 2ND ANNUAL MEETING AT SEH-BENGALURU

SEH-Bengaluru hosted the second Annual Meeting of the ACOIN Karnataka Chapter on July 23, 2023. During this state-level symposium, PG doctors of SEH-Bengaluru and SEH-Shimoga who won the Oral and Poster presentations got felicitated.





MR PADMANABHAN OF TCS ADDRESSES SEH-COIMBATORE

Mr. Padmanabhan (Executive Director of Human Resources, Tata Consultancy Services) visited SEH-Coimbatore on August 09, 2023. Mr. Padmanabhan, during his tenure, achieved the highest retention rates by implementing scalable and sustainable processes capable of seamlessly integrating thousands of new employees each year. The esteemed guest expressed his heartfelt thoughts with all staff of SEH-Coimbatore about SEFI and its consistent efforts to serve the underprivileged with quality eye care services free of cost.



VEHICLE DONATIONS BY HDBFBS TO SEFI

SEH-GUNTUR

On August 15, 2023, Mr. Pavan Kumar (Cluster Manager) and Mr. Mohan Vamsi (Zonal Manager, HDB Financial Services) made a vehicle donation to Dr. Sudhakar Potti (CMO, Consultant-COR), and Ms. Madhavi Machavarapu (Unit Head, SEH-Guntur).



SEH-LUDHIANA

Mr. Harish (Branch Manager, HDB Financial Services) made a vehicle donation to Mr. Ravinder Pal Chawla (Unit Head) and Mr. Raghvir Singh (Transport Supervisor, SEH-Ludhiana) on August 14, 2023.

SEFI Thanks HDBFS for the Magnanimous Donation!





TMB'S GRACIOUS DONATION TO SEFI

Mr. J. Natarajan, Regional Manager of Tamilnad Mercantile Bank, Coimbatore Region, visited SEH-Coimbatore on July 07, 2023, and as an act of generosity, made a gracious donation to our Founder & Managing Trustee – Dr. RVR, in the presence of Ms. Seetha Chandrasekhar – Trustee (SEFI).



SEFI Thanks TMB for the Benevolent Gesture!

TITAN'S HAPPY EYES

NANNA KANNU PROJECT PRIMARY SCREENING



TITAN VOLUNTEERING CAMP AT BAGALKOT DISTRICT

SEH-Bengaluru's Nanna Kannu team and 26 Volunteers from the Titan team under the Happy Eyes project travelled to the Bagalkot district, screened 3,341 children, and identified 379 children with eye problems from 22 schools on August 04, 2023.



TITAN MEGA VOLUNTEERING CAMP AT SRI SIDDAGANGA MUTT, TUMKUR DISTRICT

Mr. C.K. Venkataraman (MD, Titan Company Ltd.), Mr. N.E. Sridhar (AVP, Titan Company Ltd.), and 115 Titan employees from the Corporate Office (Hosur) and Chikkaballaura Factories volunteered in the SEH-Bengaluru's Nanna Kannu Project Primary Screening held on September 04, 2023, at Sri Siddaganga Mutt schools, Tumkur.



During this camp, 9,525 children were screened, and 3,299 children with eye abnormalities were identified from 7 schools.

Kudos! Team Nanna Kannu for the efficacious completion of two back-to-back camps!

BIOMEDICAL WASTE OUTSOURCE FACILITY VISIT BY SEH-GUNTUR

On July 15, 2023, SEH-Guntur organized a visit to SAFENVIRON - Biomedical Waste Treatment Facility located at Chinakakani. Mr. Phani Krishna (EXEC-HR), Ms. Madhavi Machavarapu (Unit Head - SEH), and 17 staff members from Quality, Lab, Community Ward, OPD, and Housing Keeping were present during the visit.



MEDICAL EVENTS

MRVP CAMP BY NANNA KANNU TEAM OF SEH-BENGALURU

Nanna Kannu Team of SEH-Bengaluru successfully conducted four days of Urban Slum Camps in Bengaluru Urban districts for August 2023. During the camp, 527 people were screened, 181 spectacles were prescribed, and 150 people were referred to base hospital. As a result, 16 Cataract surgeries were performed under Titan's kind support.



INFORMATIVE ARTICLE BY SEH-BENGALURU'S DR PALLAVI JOSHI

Dr. Pallavi Joshi (Consultant-COR, Speciality Clinic-Cornea) published an exclusive article as part of Eye Donation Fortnight that was observed nationwide from August 25 - September 08, which was titled 'Infections, Injury Trauma Lead To Corneal Blindness,' which featured in New Indian Express and her interview for the same was released in Vijay Karnataka Social Media pages.



Infections, injury trauma lead to corneal blindness

NAMRATA SINDWANI @Bengaluru

CORNEAL blindness is the most common cause of blindness in patients, caused by infections (fungal, viral or bacterial) and trauma-related injuries, experts said.

Dr Rohit Shetty, chairman, Narayana Nethralaya, said that close to 1,000 corneal infection cases are seen annually across all hospitals, with 600-700 cases requiring transplants. He explained that they result from either fungal infection, trauma-related injuries while playing sports, accidents while bursting crackers, working with chemicals in laborato-



ries or when pointed objects accidentally hit the eye. Such conditions lead to thinning of the cornea, causing scarring and blindness, and requiring a corneal transplant. Ahead of the 38th National Eye Donation Fortnight beginning August 25, doctors said there is a need to raise awareness about eye donation. According to the National Programme for Control of Blindness and Visual Impairment, around 10 lakh people suffering from corneal blindness are awaiting corneal transplants.

Dr Pallavi Joshi, consultant (cornea, ocular surface, and refractive surgery), Sankara Eye

MIDNIGHT RUN ON SEPTEMBER 2

Narayana Nethralaya has organised a Midnight Run for Sight, an event to highlight the incidence of corneal blindness. People from all age groups can participate in the run on September 2, commencing at 11:59pm, starting and ending at Rajendra Singhji Army Officers Institute on Mahatma Gandhi Road. India observes National Eye Donation Fortnight annually from August 25 to September 8, with the goal of raising awareness about corneal blindness and promoting eye donation. The competitive 10k and 5k runs will offer cash prizes to the top finishers in the male and female category. Those interested can contact +918884018800.

Hospital, also said the hospital performed 1,100 corneal transplants in the past five years. As per hospital data, 60 per cent of recipients of corneal transplants are children and youngsters up to the age of 40, while

the remaining 40 per cent fall in the older age group.

She explained that congenital dystrophy (hereditary) is another reason for corneal transplant. It is discovered at a very young age, sometimes in infants

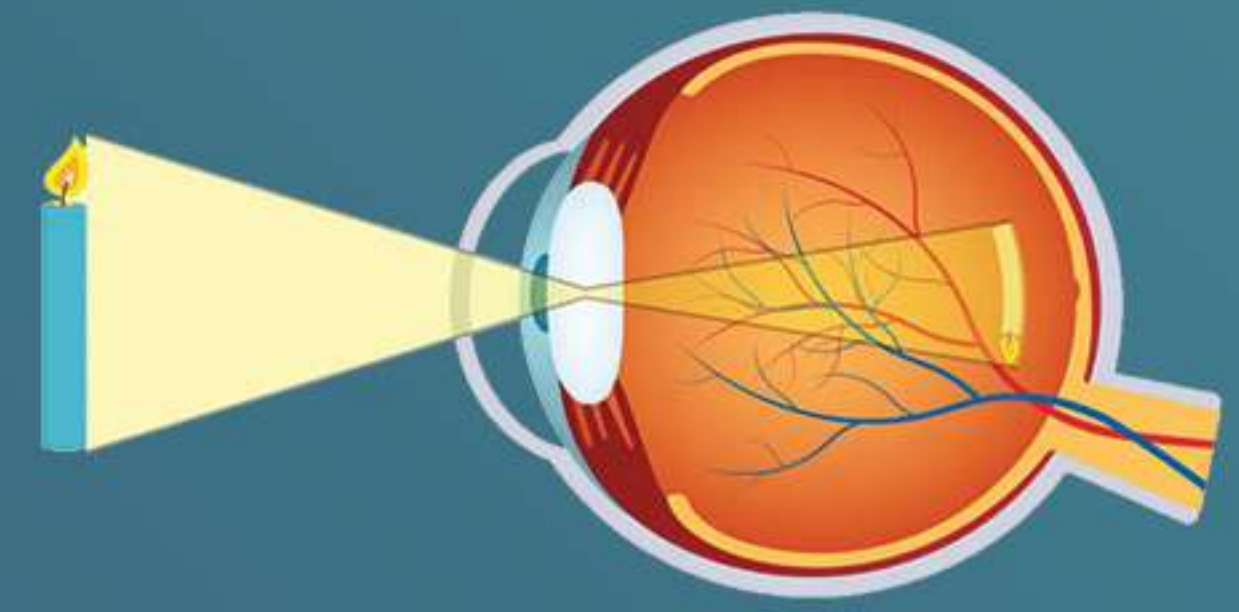
just 5-8 months old, another doctor added. Another factor causing corneal blindness, especially among children in rural areas, is slaked lime (chuna or calcium hydroxide) which is sold in small bottles (which is sold in small bottles) which is sold in small bottles. Dr Shetty added that the bottles have flimsy packaging, which is risky for children fiddling with them.

The quality of corneal transplants has also improved with time. Dr Shetty said they have been training doctors to transplant multiple layers of cornea, which can benefit many people. He mentioned that after the demise of actor Puneeth Rajkumar who donated his eyes, four layers of his corneas were transplanted into four different people.

'M HEALTHY

KNOWING ABOUT MYOPIA

Myopia is a most prevalent refractive error in which distant objects appear blurry, but nearby entities seem clear. The eye's shape becomes elongated, which drives inaccurate light ray refraction that leads to near-sightedness. Scientific research states that myopia is genetic, occurs during childhood and adolescence, and stabilizes before 40.



COMMON SYMPTOMS OF MYOPIA

A recent survey shows that nearly 30% of the world's population is myopic, and the common symptoms that are prevalent among them are



Headaches



Eyestrains



Frequent squinting of eyes to have a proper focus



Blurry long-distance vision



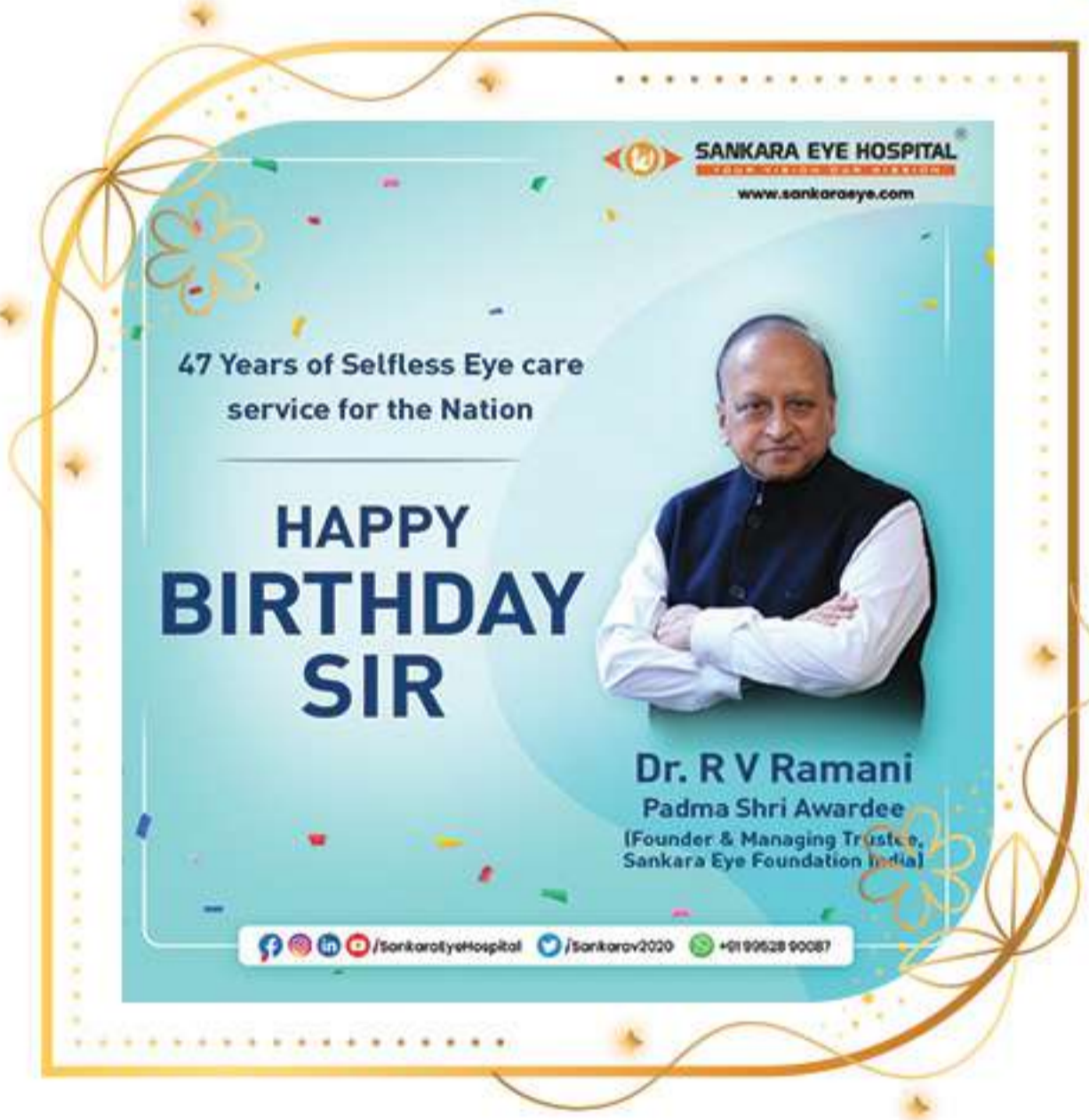
Excessive blinking (in kids)

MEMORY LANE CELEBRATIONS AT SEFI

HAPPY BIRTHDAY TO OUR DEAR FOUNDER - DR RVR

SEH-Coimbatore and MHQ-HR hosted a birthday celebration for the beloved Founder - Padma Shri Dr. RVR, on July 24, 2023. Coimbatore staff gathered for the event to make this 76th birthday more memorable.

All SEFI unit video wishes were displayed during the event. Dr. RVR (Founder & Managing Trustee - SEFI) and Dr. RR (Co-founder - SEFI) inaugurated the renovated Dr. N Mahalingam auditorium on the same day.



NATIONAL DOCTORS DAY CELEBRATION ACROSS SEFI UNITS

'A Day to Remember the Selfless Contributions and Sacrifices of Doctors and Healthcare Workers to Save Millions of Lives'



SEH-COIMBATORE



SEH-RS PURAM



SEH-KRISHNANKOIL



SEH-BENGALURU



SEH-SHIMOGA



SEH-HYDERABAD



SEH - GUNTUR



SEH - ANAND



SEH-INDORE



The National Doctors Day calls for celebrations in India in honour of Dr. Bidhan Chandra Roy, a legendary physician and former Chief Minister of Bengal known for his selfless contribution to humanity. This day remembers the noble contributions and sacrifices of doctors and healthcare workers who save millions of lives day-to-day.

Medicines cure diseases, but only doctors can cure patients with compassion and care. SEFI celebrated National Doctors Day on July 01, 2023. Our founder, Dr. RVR's video message was broadcast across all units.



SEH-JAIPUR



SEH-LUDHIANA



SEH-KANPUR



RJSEH-PANVEL



INDEPENDENCE DAY CELEBRATIONS ACROSS SEFI UNITS

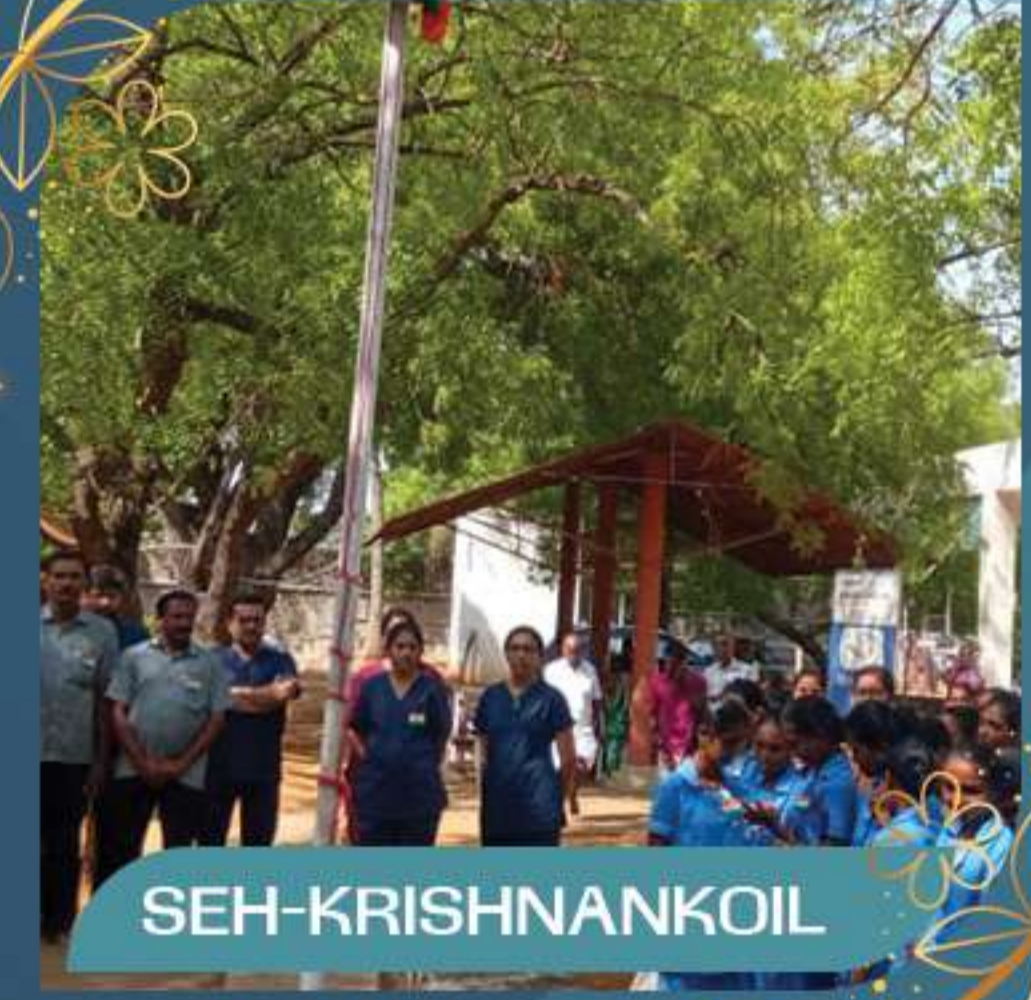


United We Stand to Embrace Unity and Celebrate Freedom!

77th Independence Day was celebrated with great pride across SEFI units on August 15th, 2023, with their esteemed VIPs and chief guests who hoisted the Tiranga flag.



SEH-COIMBATORE



SEH-KRISHNANKOIL



SEH-GUNTUR



SEH-SHIMOGA



SEH-KANPUR

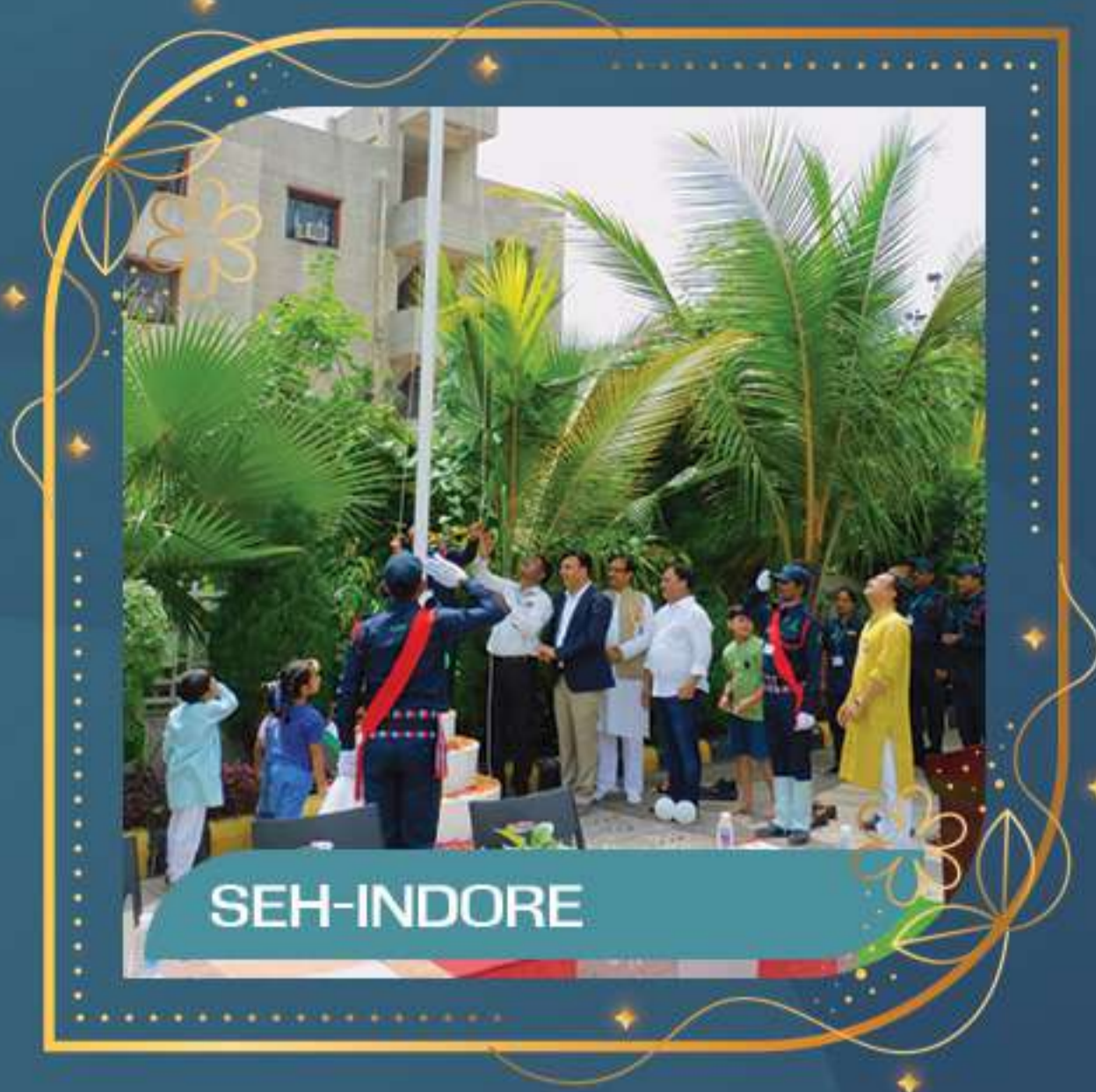




SEH-LUDHIANA



SEH-ANAND



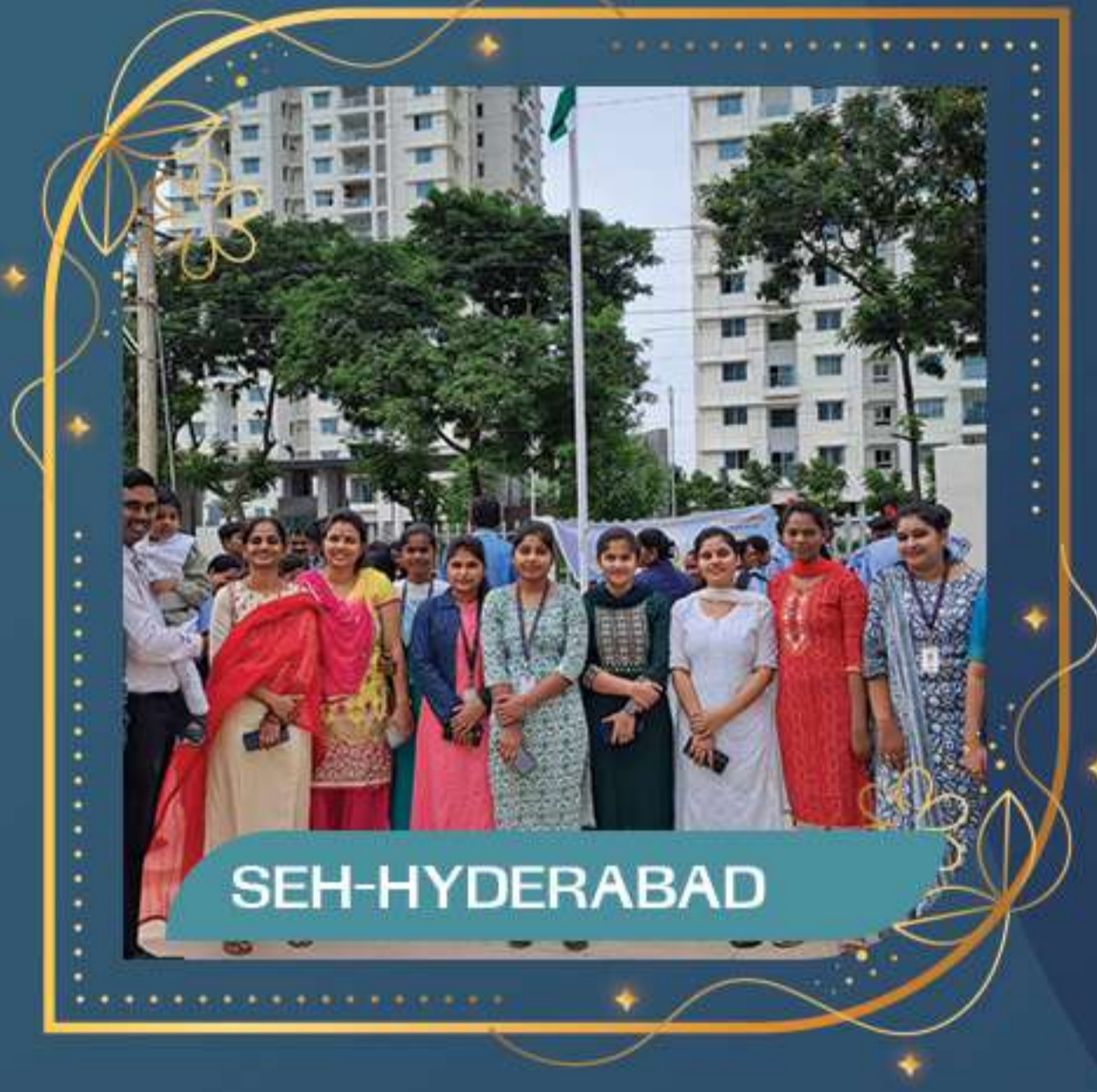
SEH-INDORE



SEH-JAIPUR



SEH-BENGALURU



SEH-HYDERABAD



DR MAHESHA OF SEH-SHIMOGA HONoured WITH GOOD SERVICE AWARD

During the Independence Day celebration on August 15, 2023, Dr. Mahesha S (CMO, Consultant-CAT) received a Good Service Award from Jilla Panchayath.



2ND ANNUAL DAY CELEBRATIONS AT RJSEH-PANVEL

RJSEH-Panvel celebrated its 2nd Annual Day on July 14, 2023. The event had Ms. Rekha Jhunjhunwala (Trustee - SKKMT), Dr. RVR (Founder - SEFI), Dr. Janakiraman P (Advisor - MED ADMIN & QUALITY), Mr. Bharath Balasubramaniam (President - Sankara Eye Hospital), Ms. Seetha Chandrasekar (Trustee - SEFI) were the chief guests at the event. The celebration commenced with lamp lighting and guest felicitation, and engaging cultural programs subsequently happening. The event concluded with the prize distribution for the winners of the various activities conducted in the past three months.





GURUPOORNIMA CELEBRATIONS AT SEH-SHIMOGA



A Day to Honour the Divine Force Present In Our Lives!

Gurupoornima honours the guru who guides us toward the righteous path that helps remove darkness from our minds. SEH-Shimoga celebrated Gurupoornima on July 03, 2023. Dr. Mahesha S (CMO, Consultant-CAT), Ms. Gayatri S (Unit Head), all doctors and staff attended the special pooja performed on the divine day.



VARAMAHALAKSHMI VRATHAM CELEBRATIONS AT SEH- SHIMOGA

The Varamahalakshmi or Varalakshmi Vratam is celebrated in the Southern states of India in Aadi month (Tamil calendar). SEH-Shimoga celebrated this pooja on August 25, 2023, and offered prayers for growth and prosperity.



GANESH CHATURTHI CELEBRATIONS ACROSS SEFI UNITS

Pursuing the Sanctification of Vinayaka!



SEH-COIMBATORE



SEH-KRISHNANKOIL



SEH-GUNTUR



SEH-SHIMOGA





SEH-INDORE



SEH-ANAND



SEH-KANPUR



SEH-JAIPUR



SEH-LUDHIANA



RJSEH-PANVEL

SEFI units celebrated Ganesh Chaturthi in grandeur mode on August 19, 2023.

Homas or pujas were carried out for the well-being of the complete Sankara family and patients who visit the units. Every unit celebrated the divine day per their state's rituals and traditions.

FAREWELLS AT SEFI

OPTOMETRY INTERNS FAREWELL CELEBRATION

SEH-COIMBATORE

On July 14, 2023, SEH-Coimbatore celebrated the Optometry Interns Fellowship Completion for the 2022-2023 batch. During the occasion, Dr. Shruthi Thara (CMO, Consultant-O) presented the certificates for the interns.



SEH-LUDHIANA

SEH-Ludhiana celebrated the Optometry Interns Fellowship Completion for the 2022-2023 batch on July 17, 2023. During the event, Dr. Manoj Gupta (CMO, Consultant-COR) presented the certificates for the interns.



SEH-SHIMOGA

SEH-Shimoga organised a Farewell celebration for the Optometry Interns on July 18, 2023, for the 2022-2023 batch. The interns shared their memorable experiences during the ceremony, and the Unit Head, CMO, and Consultant Doctors gave their best wishes to the interns. The event had a cake-cutting ceremony attended by nearly 52 Shimoga unit employees.



Congratulations to all the Primary Vision Care Grads!

FAREWELL CEREMONY FOR MR. SMIT SHAH OF SEH-ANAND

On July 12, 2023, SEH-Anand organized a farewell ceremony for Mr. Smit Shah (Administrator). Dr. Nisha Ahuja (CMO, Consultant-COR) presented a farewell gift to the employee who served SEFI for nearly two years. All Paramedical and Admin Staff were present during the occasion.

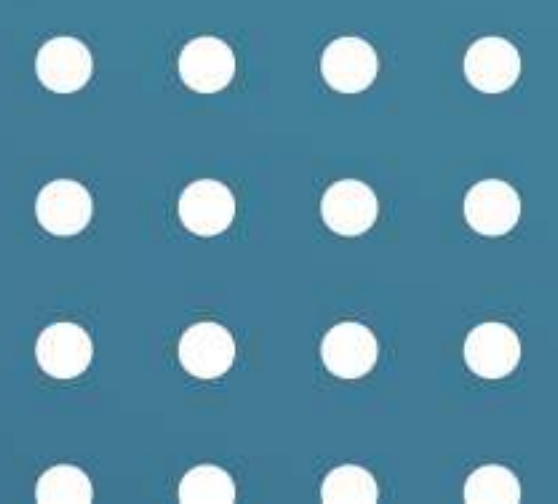
Wishing Mr Smit Shah a wonderful career ahead!



FAREWELL CEREMONY FOR MR. ANISH OF SEH-ANAND

SEH-Anand organized a farewell event on September 22, 2023, for Mr. Anish (Optometrist). Dr. Nisha Ahuja (CMO, Consultant-COR) handed a farewell gift to the employee who served SEFI for one year. The unit staff gathered during the ceremony and offered their best wishes for him.

SEFI wishes Mr. Anish success in all his future endeavours!



PLANTING OF SAPPLINGS ACROSS SEFI

SEH-LUDHIANA

SEH-Ludhiana planted 70 saplings on July 04, 2023, donated by Lion Dr. Vinod Kumar Gupta. Dr. Ruminder Kaur (Consultant-VRS), Dr. Ruchi Singh (Consultant-COR), Mr. Sandeep Kumar Bhalla (Administrator), Mr. Shreyanshu Bandhu (EXEC - Facility), and Fellows from Ludhiana Academics - Dr. Prashant, Dr. Milli, Dr. Summaiya, were present during this environs conservation initiative.



SEH-ANAND

On August 15, 2023, SEH-Anand invited Dr. G.C. Kapadiya (Chief District Medical Officer) as Chief Guest for Independence Day Celebrations. The dignitary planted trees on hospital premises on the nationwide significant day, during which Doctors, Paramedical, Admin, and Support staff were present.



WELCOME KIT DISTRIBUTION TO NEW JOINERS

Mr. Sachin Kumar G
Management Trainee - Operations
MHQ - Coimbatore

"I am delighted with the welcome kit I received from Sankara Eye Hospital. The contents of the kit were not only practical but also beautifully presented. The pamphlets provided were informative and well-organized, making it easy for me to understand the services and facilities offered by the hospital. The inclusion of a coir pot with a plant in the welcome kit is a wonderful idea, and I'm excited to take care of it and watch it grow. Thank you for the warm welcome."





Mr. Karthick M
Executive - Community Outreach
MHQ - Coimbatore

I wanted to express my heartfelt thanks for the warm welcome kit you provided me with, which truly made me feel appreciated and excited to be a part of the team here at Sankara.



Mr. Anandraj M
Coordinator - NPCBVI
MHQ - Coimbatore

Thank you so much for the wonderful gift for welcoming me to your team.

GUESTS AT SEFI



ROTARY GOVERNOR VISITS SEH-COIMBATORE

Rtn. T R Vijayakumar (District Governor, Rotary District 3201), visited SEH-Coimbatore on August 24, 2023. Padmashri Dr. RVR (Founder - SEFI) gave the luminary an insightful hospital tour. During the visit, the esteemed guest, as a benevolent gesture, made a gracious donation to the SEFI.

Thank you, Team Rotary, for the kind gesture!



MR MYLSWAMY ANNADURAI VISITS SEH-COIMBATORE

Mr. Mylswamy Annadurai (Vice President, Tamil Nadu State Council for Science and Technology - TNSCST) visited SEH-Coimbatore on August 28, 2023. Dr. RVR (Founder - SEFI) presented a perceptive hospital walkthrough for the VIP guest.

SEFI is proud to have the Moon Man of India as its luminary!





CHAIRMAN OF THE MAHARASHTRA STATE COMMISSION FOR PROTECTION OF CHILD RIGHTS MR. PRAVIN GHUGE VISITS RJSEH PANVEL

On August 12 2023, Dr. Girish Shankar Budhrani (CMO, Consultant - COR) and Dr. Rajesh Kapse (Unit Head - SEH) greeted Mr. Pravin Ghuge (Chairman of the Maharashtra State Commission for Protection of Child Rights). The VIP guest had an engaging hospital tour on the day.

|| **SEFI extends a warm welcome to the dignitary Mr. Pravin Ghuge**



SENATOR OF NIGERIA VISITS SEH-JAIPUR

Mr. Muhammad Adamu Aliero (Senator of the Federal Republic of Nigeria) and his wife visited SEH-Jaipur on September 27, 2023. Ms. Ashima Gabgotra (EXEC - PC) presented the esteemed VIP with an engaging hospital tour. The Senator distributed fruits to the camp ward patients during the visit.

|| **SEFI is honoured to have Mr. Muhammad Adamu Aliero as its Guest!**



EMPLOYEE ENGAGEMENT

EMPLOYEE ENGAGEMENT INITIATIVES ACROSS SEFI FOR THIS QUARTER

FRUIT DISTRIBUTION TO CAMP WARD PATIENTS



SEH-GUNTUR

JULY 2023



AUGUST 2023



SEPTEMBER 2023



RJSEH-PANVEL



JULY 2023



SEH-LUDHIANA



JULY 2023



SEH-ANAND



JULY 2023



AUGUST 2023



AUGUST 2023



SEPTEMBER 2023



SEH-INDORE



AUGUST 2023

SEH-KRISHNANKOIL



SEPTEMBER 2023

SEH-JAIPUR



AUGUST 2023

SEH - Guntur, Ludhiana, Indore, Anand, Jaipur, Krishnankoil, and Panvel organised Employee Engagement activities for this quarter, during which fruits were distributed to camp ward patients.

STAFF FAMILY GATHERING

SEH-GUNTUR



AUGUST 2023



SEPTEMBER 2023

This quarter, the Staff Family Gathering was organised by the SEH-Guntur unit. There were cake-cutting ceremonies and beautiful moments in the unit during the day.

Congratulations to the Guntur Unit for making the birthday celebration a memorable occasion!

MHQ BIRTHDAY CELEBRATION



JULY 2023



AUGUST 2023

MHQ-Coimbatore had July and August month birthday celebrations at Tulsi Village on August 17, 2023. Children displayed their skills to the glee of everyone. Mr. Ramachandran R (Chief Security Officer - MHQ) made his presence on the day. Sweets and snacks were distributed to the children during the visit.

'Tulsi Villages' were established under the Rural Development Programme by Dr. Radha Ramani, Co-founder-SEFI in response to a request from the Tulsi Trust, a non-profit charitable organization

SOCIAL RESPONSIBILITY

SEFI'S NATIONAL EYE DONATION FORTNIGHT CAMPAIGN ACROSS SEFI UNITS

SEH-COIMBATORE



SEH-SHIMOGA



SEH-BENGALURU



SEH-HYDERABAD



SEH-INDORE



SEH-ANAND



RJSEH-PANVEL



SEFI units conducted a campaign to promote Eye Donation after one's time and help the less privileged in honour of National Eye Donation Fortnight observed nationwide from August 25 - September 08. The team worked persistently to propagate the message to as many as possible.

SEFI has 11 Eye Banks functioning all over India.



HOSPITAL CORNEAL RETRIEVAL PROGRAMME (HCRP) AT SEH-SHIMOGA

As part of Eye Donation Fortnight, SEH-Shimoga organized an awareness programme on 'Corneal Retrieval' on September 05, 2023. The programme aims at the retrieval of cornea tissues from eligible and willing donors after their passing - in the hospital. A reputable crew encompassing the ICU staff, grief counsellor, and eye bank staff will work synchronously to make the retrieval possible.



Dr. Mallikarjun (SR. Consultant-COR) delivered detailed information on Eye Donation, and Dr. Roopasree (Consultant-COR) presented a PPT for the same. Nearly 44 unit staff were present at the awareness programme.



EYE DONATION AWARENESS SESSION AT RJSEH-PANVEL

Dr. Ananya Dutta (Registrar-GO) conducted an interactive and engaging awareness session on 'General Eye Care and Eye Donation' for senior citizens on September 30, 2023. Nearly 10+ participants attended the session and benefited.

Eye donation awareness helps remove the myths and misbeliefs that impede a blissful deed of providing the gift of vision!





EYE SCREENING PROGRAMME FOR INTELLECTUALLY DISABLED PATIENTS AT SEH-ANAND

SEH-Anand conducted an Eye Screening Programme for mentally retarded patients from Jay Ambe Retardation Women Society Seva Trust from Bayad on September 09, 2023. A total of 30 patients were screened, out of which 12 were diagnosed with mature cataracts.

People with Intellectual Disabilities also Deserve Quality Eye Care Services!

PATIENT STORY



HOMEMAKER REGAINS VISION AT SEH-INDORE

Ms. Parvati Bai, a 50-year-old from Gandhi Nagar, Indore, resides with her family of 2 daughters and 5 sons. She is the lady of the house who takes care of domestic chores. Due to blurry vision, she could not read the faces of her family members and encountered tribulations in performing daily chores for about six months. As her financial circumstances were not good, going in for surgery was not an option for her.

Luckily, she heard about the free surgeries conducted at Sankara Eye Hospitals through the mike publicity near her residence. Out of bliss, she visited the camp with her son on August 27, 2023, where she was diagnosed with cataracts and referred to surgery at the SEH-Indore. Post-surgery on August 28, 2023, by the proficient surgeon, Dr. Ruchi Verma (Consultant-GO), helped restore her vision.

Ms. Parvati Bai expressed her heartfelt thanks to SEFI for the free surgery. In addition, she delivered gratitude for the post-operative care and support rendered by the Doctors and other Paramedical Staff.

Smiley Eyes from Ms. Parvati Bai as she left for her hometown to restart her life!





SANKARA EYE FOUNDATION, INDIA®

Sri Kanchi Kamakoti Medical Trust

World Class Eye Care with
A Social Impact



Journey of Million

Smiles and Beyond







SANKARA EYE FOUNDATION, INDIA[®]

HELLO SEFI

For feedback, please write to us at
newsletter@sankaraeye.com

DROP BOX

E-mail your concerns personally on things that you want SEFI to relook.

Address it directly to the management and mail your ideas that benefits all at SEFI. Your idea can get recognized and honoured.

E-mail ID: newsletter@sankaraeye.com



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