



SANKARA EYE FOUNDATION, INDIA®

ISSUE 19

Q3

OCT - DEC
2023



SCAN QR CODE

Vision Matters

SANKARA EYE FOUNDATION - INDIA



'NETRA YAGNA' – UNITED MISSION TO REACH THE UNREACHED

Netra Yagnya, which was started 47 years ago with the single mission of eradicating avoidable blindness by our Founder and Managing Trustee, Dr. RVR, and Co-founder Dr. RR, achieved a significant milestone by accomplishing 2.5 million surgeries. How was this possible? Teamwork and collaboration!

SEFI's focal point for 'Gift of Vision Program (GOV)' is to serve the underprivileged, and the way every Sankarite associates themselves with this mission makes it even more remarkable.

This teamwork and collaboration across hospital departments to ensure that the patients visiting Sankara get the best treatment has helped Sankara mark this milestone achievement and create a history in the Indian Eye Care sector of being the first organization to accomplish 2.5 million free cataract surgeries.

SANKARA takes pride in its team's collective work that made reaching this milestone a reality. We pledge to accomplish the five millionth surgery in the future.

We at Sankara value the patient visiting for their free Cataract surgeries by providing the best care and treatment. Delivery of quality eye-care services with compassion and values across all SEFI units, including those inaugurated recently, ensured our persistent march of reaching the unreachable possible.

The journey became possible with robust teamwork and collaboration displayed by Sankara staff members by appropriate planning, organizing, and conducting camps. The backend work by the Paramedical crew and oneness exhibited by Doctors who diligently and dedicatedly perform surgeries every day, often compromising on personal priorities and putting Sankara first, had equivalent roles in this triumph.

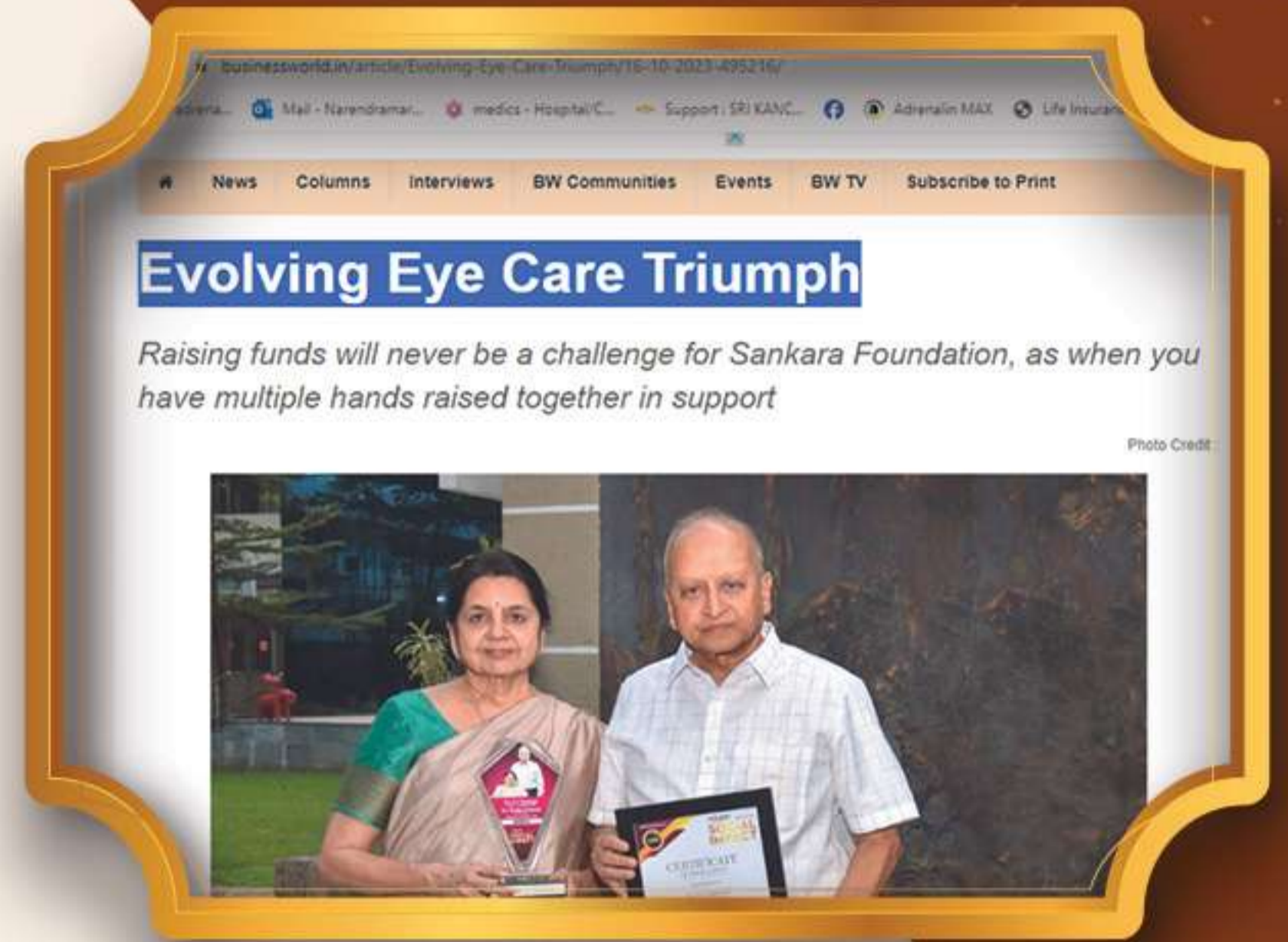
**SARVE JANA
SUKHINO
BHAVANTHU**

PRIDE OF SANKARA

BW ARTICLE ON DR RVR AND DR RR

On October 17, 2023, Businessworld published a story on Dr. RVR and Dr. RR and the journey of Sankara. In this interview, Dr. RVR expressed that, with a proven track record, it has become easier for the foundation to attract funds.

Financial support from like-minded institutions and families is increasingly forthcoming. Furthermore, he added that raising funds will never be a challenge for the Sankara Foundation, as multiple foundations and NGOs have provided constant support to conduct subsidized eye surgeries for needy people through funds and technology to date.



The quality of a leader is reflected in the standards they set for themselves!



SANKARA HOSPITALS TOP RANKED IN 'THE WEEK – HANSA RESEARCH SURVEY'

THE WEEK - Hansa Research Survey for the Best Hospitals in 2023 ranked SEH-Coimbatore, Bengaluru, and Guntur as the best Ophthalmology Hospitals.

Felicitations, Team Coimbatore, Bengaluru and Guntur!

LANDMARK ACHIEVEMENT OF 25 LAKH FREE CATARACT SURGERIES BY SEFI



"Unity is strength; amazing things get accomplished with teamwork and collaboration"



Every Sankarite is excited that SEFI is the only organization in India to have achieved the enormous objective of 25 lakh free cataract surgeries, marking a critical milestone in the fight against preventable blindness. All SEFI units across the nation have put forth an unceasing effort, which rendered the mammoth success of 'Gift of Vision' on December 16, 2023, with unwavering and guiding leadership of Founder and Managing Trustee Padmashri Dr. RVR and Co-Founder Dr. RR, as well as the Board of Trustees, Steering Council, and Leadership Team.

SEFI wishes and thanks all its employees for being a part of this eye-care service and lighting hope and happiness in the lives of the underprivileged.

2.5 LAKH FREE CATARACT SURGERIES ACCOMPLISHED BY SEH-SHIMOGA

On December 28, 2023, SEH-Shimoga celebrated its 15 years of relentless community eye care services and touched down another milestone of completion of 2.5 lakh free cataract surgeries that covered 13 districts, 3207 camps, and 6,27,000 patients screened.



Nearly 105 employees, including Doctors, Admin, and Paramedical Staff, gathered to commemorate this milestone.



DR ANKIT DEOKAR COMPLETES 200 CORNEA TRANSPLANTS

A successful surgeon should be a man who, when asked to name the three best surgeons in the world, would have difficulty deciding on the other two

Determination, Discipline, and Diligence define great people and their success. Dr. Ankit Deokar (CMO, SEH-Indore) has completed yet another milestone of 200 cornea transplants from January to December 2023.

Kudos, Dr. Ankit, on your triumph!

ZERO INFECTION CELEBRATIONS ACROSS SEFI UNITS



SEH-ANAND

OCTOBER 2023

SEH-Anand encountered Zero Post-operative Infections for October 2023 after successfully handling 1497 surgeries (Paying OT - 74, Community OT - 1038). A cake-cutting was done on November 01, 2023, by the CMO, Doctors, Admin, and Unit Staff.



NOVEMBER 2023

SEH-Anand celebrated Zero Post-operative Infections for November 2023 after efficiently handling 2093 surgeries. A cake cutting was done on December 01, 2023, by the Anand unit's Doctors, Admin, and Paramedical Staff.



SEH-COIMBATORE

NOVEMBER 2023

SEH-Coimbatore celebrated Zero-Infection for November 2023 after efficiently handling 2531 surgeries. On December 08, 2023, the Coimbatore unit Doctors, Admin, Paramedical, and Support Staff gathered for a cake-cutting to commemorate another quality-notch accomplishment.



DECEMBER 2023

SEH-Coimbatore celebrated Zero Post-operative Infection for December 2023 after successfully handling 2887 surgeries. The Coimbatore unit Doctors and Admin gathered for a cake cutting on January 05, 2024, to cherish another achievement.



RJSEH-PANVEL

NOVEMBER 2023

RJSEH-Panvel celebrated Zero Post-operative Infections in November 2023 after successfully handling 846 surgeries (Community OT - 726, Paying OT - 119, Septic OT - 1). All Panvel unit staff gathered for a cake-cutting ceremony on December 02, 2023.



DECEMBER 2023

RJSEH-Panvel celebrated Zero Infection for December 2023 after efficiently handling 1215 surgeries (Community OT - 1059, Paying OT - 149, Septic OT - 7). All Panvel unit staff gathered for a cake-cutting event on January 06, 2024, to commemorate another quality-notch milestone.



SEH-KANPUR

NOVEMBER 2023

SEH-Kanpur celebrated Zero Infection for November 2023 after efficiently handling 3261 surgeries (Paying - 302 and Non-paying - 2959). The Kanpur unit's Doctors and Paramedical Staff gathered for a cake-cutting on December 09, 2023.



Congratulations to the Units for another quality achievement!

EMPLOYEE ACHIEVEMENTS



DR G PRABHAKAR AWARDED FOR BEST RESEARCH PAPER AT ISMICS

Dr. G Prabhakar (Consultant - COR, SEH-Hyderabad) won the second best research paper on the topic - 'PCO Ring - A novel device to enhance Toric IOL Stability' at a Comprehensive Cataract Conference (ISMICS) held at Hyderabad on November 17, 2023.



Kudos, Dr Prabhakar for the great success!

MS GAYATRI SHANTARAM OF SEH-SHIMOGA FELICITATED ON KANNADA RAJYOTSAVA

Rotary Midtown and Samanyaya Organization conducted cultural events for women on November 04, 2023, as part of the Kannada Rajyotsava celebration. During the day, women who help bring positive societal changes are felicitated. Ms. Gayatri Shantaram (Unit Head - VS) was recognized and honoured.



SEFI is proud of your recognition, Ms Gayathri!

9TH ANNUAL DAY CELEBRATIONS AND LONG SERVICE AWARDS AT SEH-KANPUR

On October 28, 2023, SEH-Kanpur had its 9th Annual Day celebrations with colourful and diverse cultural performances by the hospital staff. During the day, two employees got felicitated with Long Service Awards in the 5-year cadre.





LONG SERVICE AWARDS – 5 YEARS

EMPLOYEE NAME

DESIGNATION

Ms. Prachi Tiwari

RECEPTIONIST

Mr. Amar Jeet Singh

VHV - CORP

IMPRESSIONS

IAS OFFICER VISIT AT SEH-HYDERABAD

Mr. Jayesh Ranjan, IAS (Principal Secretary (ITE&C), Govt. of Telangana), visited SEH-Hyderabad on November 06, 2023. SEFI Founder Dr. RVR gave the VIP guest an insightful hospital tour. Sri Achyuth Reddy (Patron) and Mr. Viswamohan G (Unit Head - SEH) accompanied the guest on the day.

SEFI team extends a warm welcome to the dignitary!



SPOTLIGHT

VARANASI PROJECT UPDATES



PROJECT STATUS – AS OF DECEMBER 2023

- Ground Floor :** Finishing Work - Under Progress
- First Floor :** Finishing Work - Under Progress
- Second Floor :** Brick and Plastering Work - Under Progress
- Third Floor :** Roof Slab Concrete Work - Under Progress
- External :** Compound Wall and Road Work - Under Progress



Address:
SM, Plot Number 193 & 194,
Tulsipatti Village, Tehsil Pindra,
Varanasi District,
Uttar Pradesh, India

NEWS STAND



SWIFT GLIMPSE ON MHQ TOPA, MHQ HR, LC & SC MEET-UPS AT MHQ-COIMBATORE

MHQ TOPA MEET

TOPA stands for 'The One Point Agenda.' Action points are minuted in these weekly meetings with 'Target Dates' given by the Vertical Heads and are reviewed and subsequently closed.

Initiated (Year)

2017 (October 23, 2017)

Held

Every Monday

Headed By

Mr. Bharath Balasubramaniam
(President - SEH)

Participants

Vertical Head, Internal Audit, CPD, Finance, IT, Operations, Projects, Maintenance, Quality, Donor Engagement, SAV, HR, Marketing, Outreach, BD & Biomedical



Milestone Date:

The 301st TOPA meet held on August 07, 2023.



MHQ HR MEET

The MHQ HR Team shares its updates or concerns in these weekly meetings. Action points are given by the CPO that are reviewed and closed in future meets.

Initiated (Year)

2019

Held

Every Thursday

Headed By

Ms. Srinikarthy
(Chief People Officer - SEH)

Participants

MHQ HR Team - Payroll, Systems, Operations, Statutory & Licensing, Recruitment, Content Writing



Milestone Date:

The 251st MHQ HR Meet held on November 02, 2023.

SC (STEERING COUNCIL) MEET

SC Meets are quarterly meetings where the performance of the respective quarter is reviewed, and the Vertical Heads present their department's updates, concerns, or any requirements.

Initiated (Year)

2014

Held

Every Quarter
(Zoom Meet)

Headed By

Dr. SVB
(Chairman - SEFI)

Participants

SC and LC Members, On-Invitation Attendee(s)



Milestone Date:

The 40th SC Meet held on November 10, 2023.

LC (LEADERSHIP COUNCIL) MEET

LC Meets are monthly meetings where the performance of the respective month is reviewed, and important concerns or queries are also discussed and closed.

Initiated (Year)

2014

Held

Every Month (Physical or
Zoom Meet)

Headed By

Dr. RVR
(Founder & Managing Trustee - SEFI)

Participants

LC and SC Members, On-Invitation Attendee(s)



Milestone Date:

The 118th LC Meet held on October 13, 2023.

TRAINING SESSIONS AT SEFI

Soft Skill Training in the healthcare sector aids employees in delivering elevated patient satisfaction and teamwork!

SEVA TRAINING SESSIONS ACROSS SEFI

SEH-HYDERABAD

Mr. Adikeshav Parthasarathy (External Trainer, QUESS CORP) conducted the SEVA Training Program for SEH-Hyderabad staff from November 10-12, 2023. Nearly 65 employees, including Doctors, Admin, Paramedical, and Support Staff, attended this engaging and interactive soft-skill enhancing session and benefitted.



SEH-KRISHNANKOIL

Ms. Sujatha Rajan (External Trainer, QUESS CORP) conducted the SEVA Training Program for the staff of SEH-Krishnankoil from November 27 to December 08, 2023. Nearly 73 employees, including Doctors, Admin, Paramedical, and Support Staff, were proactive part of this soft-skill enrichment programme and benefitted.



SEH-GUNTUR

Mr. Adikeshav Parthasarathy (External Trainer, QUESS CORP) conducted the SEVA Training for the SEH-Guntur staff from December 04, 2023, to January 02, 2024. Nearly 334 employees of Doctors, Fellow Doctors, Admin, Paramedical, and DOA Students participated in the session and earned knowledge enrichment on soft-skill development.



FIRE TRAINING /MOCK DRILL SESSION ACROSS SEFI

SEH-KRISHNANKOIL

Mr. Muthuselvam P (Station Officer) conducted a fire training session for the Doctors, Admin, Paramedical and Support Staff of SEH-Krishnankoil on October 12, 2023. Nearly 41 employees participated in the practical session and gained insights on Fire Safety and Rescue.



SEH-GUNTUR

Mr. Gunda Srirama Murthy (ASO) conducted a fire mock drill session on November 18, 2023, for the New Staff, Housekeeping and Security Staff of SEH-Guntur. Nearly 60+ employees attended the session and enhanced their knowledge of fire safety basics.



SEH-COIMBATORE

Mr. Pandian P (Supervisor - Maintenance) conducted a fire mock drill session on December 30, 2023, for the Maintenance staff of SEH-Coimbatore. Nearly 19 Maintenance Staff partook in the fire mock drill practical session to learn precise response techniques in case of any fire emergency.



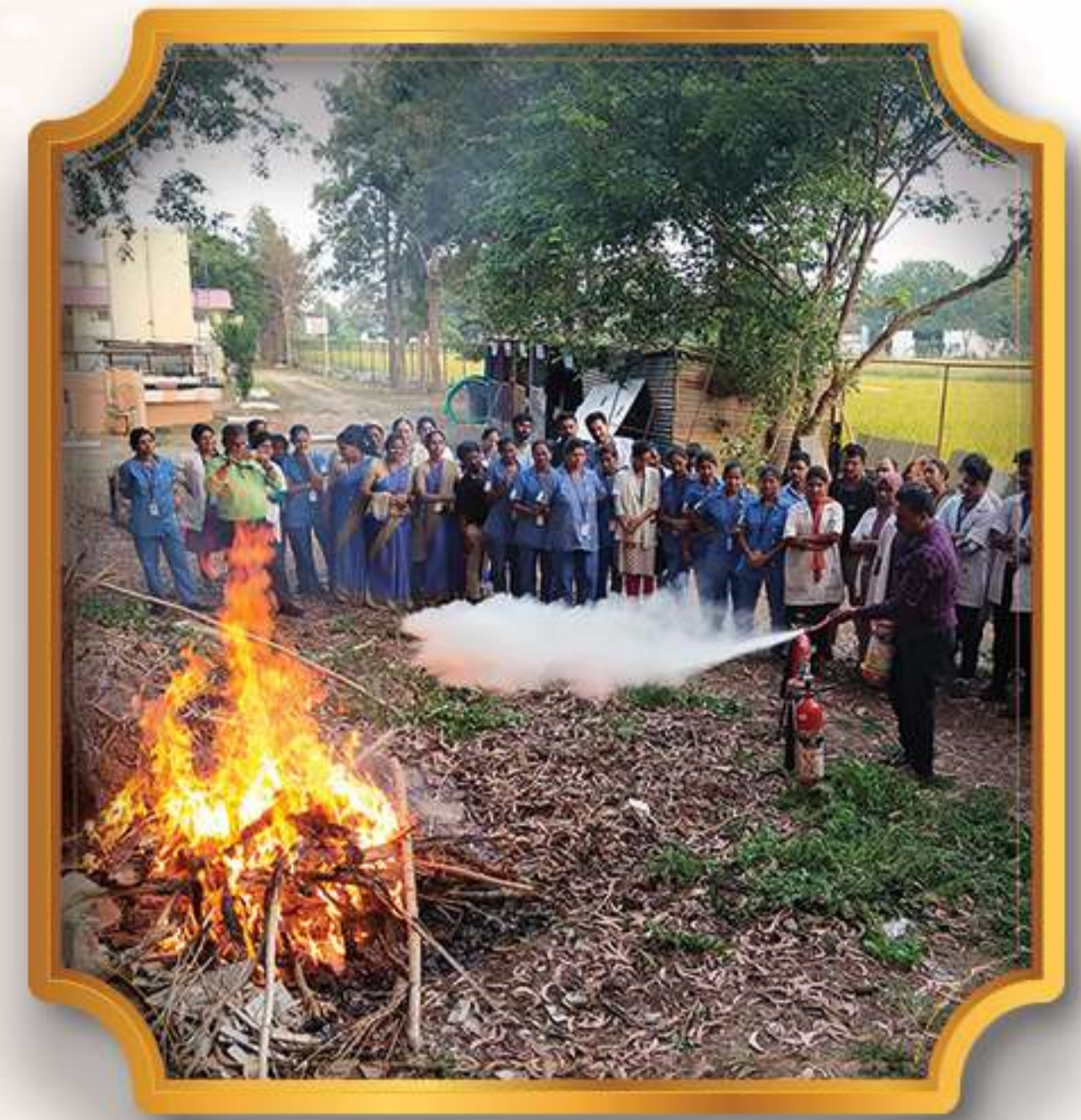
SEH-HYDERABAD

On November 01, 2023, Mr. Gunda Srirama Murthy (ASO) conducted a fire training session for SEH-Hyderabad staff. Nearly 114 employees, including Paramedical and Support Staff, participated in the session and learnt how to act promptly in case of any emergency that can help prevent any major hazards.



SEH-SHIMOGA

Mr. Srinivas (External Faculty) conducted a fire safety training session on October 28, 2023, for the staff of SEH-Shimoga. The training educated the participants on how to - Protect life and property, Prevent fires, Limit damage, Maintain continuity of operations, and thus ensure the safety of workers and others involved.



Fire safety training educates the employees on how to respond during a fire break-out that results only in minimal hazards caused to the people and property.

BLS/CPR TRAINING SESSIONS AT SEFI

BLS TRAINING SESSION AT SEH-KANPUR



SEH-Kanpur organized a 'BLS - Basic Life Support' training session on December 06, 2023.

Dr. Ashutosh Anshu (Anesthetist) conducted the session that provided insights on how to respond aptly to any cardiac, breathing and first aid emergencies that can prove to be life-saving deeds before any professional care arrives. Nearly 100 employees of the Kanpur unit and a few patients attended the session and benefitted.

CPR AND CODE BLUE TRAINING AT SEH-COIMBATORE

Effective CPR doubles the chances of a victim's survival of a cardiac arrest. But, less than 1% of Indians know how to perform the CPR technique.

'Cardiopulmonary Resuscitation - CPR' is a life-saving procedure that increases the survival chances before professional medical help arrives. Dr Kanagapriya (Anesthetist) conducted a CPR and CODE BLUE (activation of Hospital-wide alert for any patient who requires an emergency Cardiopulmonary Resuscitation) training on November 02, 2023, for Coimbatore Paramedical Staff and Academics - Medical Fellowship and DNB. Mr. Ramesh Kumar (TECH - LAB & Quality Coordinator) coordinated the training.



CPR AWARENESS PROGRAM AT SEH-GUNTUR

Dr. K Chakrapani (Anesthetist) conducted a Cardiopulmonary Resuscitation (CPR) Awareness Program on December 06, 2023, at SEH-Guntur. All Guntur staff attended the practical and interactive session.



QUALITY-RELATED TRAINING PROGRAMS ACROSS SEFI

QUALITY INDICATORS SESSION AT SEH-COIMBATORE

Mr. Ramesh Kumar (Technician - Lab) conducted an in-depth session on Quality Indicators at SEH-Coimbatore on December 05, 2023. Nearly 23 VCT Students actively participated in the session and gained first-hand knowledge.



INFECTION CONTROL TRAINING ACROSS SEFI

Infection control training for healthcare employees can help prevent or stop the infection, which in turn helps to deliver quality eye care services.

SEH-LUDHIANA

As part of Infection Control Week, Dr. Ruminder Kaur (Consultant - VRS) conducted a training programme on October 17, 2023, which covered the topics of the safety protocols that aid in preventing infection. Nearly 12 Housekeeping Staff attended the session and benefitted.





SEH-JAIPUR

Dr. Shalini Gupta (Microbiologist) conducted an infection control training session on November 24, 2023, for VCT Students, Nursing and Support Staff of the Jaipur unit.

Nearly 30 employees attended the comprehensive session that focused on the strategies to prevent infection and provide quality services.

SANQALP ORIENTATION PROGRAM AT SEH-COIMBATORE

Mr. Ramesh Kumar R (Technician - Lab) conducted SANQALP Orientation at SEH-Coimbatore on October 06, 2023. The topics of discussion were Checking & Auditing, Prems & Proms, Ramp My City, Log Out & Tag Out, and Recipe of Success.



SANQALP DEBRIEFING AT SEH-SHIMOGA

On October 10, 2023, SEH-Shimoga conducted a SANQALP debriefing session, during which Dr. Kamala Subramaniam S (Consultant - Glaucoma) and Dr. Ravi Shankar H N (Consultant - VRS) gave insights into the topic for all Doctors and Staff. Nearly 45 Shimoga unit employees partook in the Quality Development Program.

QUALITY-RELATED EVENTS ACROSS SEFI

INFECTION CONTROL WEEK CELEBRATIONS ACROSS SEFI

"As per World Health Organization report – nearly 70% of infections can be prevented by proper hand hygiene and associated cost-effective practices."



SEFI celebrated 'International Infection Prevention Week 2023' (October 15-21), with training focused on the Housekeeping Team as the first line of defence against contagions. Several awareness-raising events and sessions were conducted, including hand washing techniques, biomedical waste management, spill clean-up, laundry protocols, use of Personal Protective Equipment (PPE), management of needle stick injuries, and disinfection.

WORLD SIGHT DAY EVENTS ACROSS SEFI

SEH-BENGALURU AND CII-YOUNG INDIANS DELIVER FREE VISION GLASSES FOR VISUALLY IMPAIRED

As part of World Sight Day Celebrations, SEH-Bengaluru, in alliance with CII-Young Indians, provided AI-driven vision glasses to 25 young people with visual impairments around Bengaluru on October 12, 2023. The chief guests at the event were Mr. Das Suryavamshi (State Commissioner for Disabilities), Mr. R Girish (Managing Trustee - Ishya Foundation), and Mr. Ramu Muthangi (CEO and Co-founder - SHG Technology).

This noble initiative conducted under the Titan and 'Happy Eyes' programme of the 'Nanna Kannu' project proposed screening 2,50,000 children from underprivileged societies across Karnataka for eye conditions and providing them with quality treatment free of cost.



WORLD SIGHT DAY CELEBRATIONS ACROSS SEFI



Many diseases like Glaucoma, Cataracts and Diabetic Retinopathy can affect our eyes. Let us avail ourselves of quality eye care services to avoid these diseases because each eye deserves to carry a dream.

As part of World Sight Day Celebrations, on October 12, 2023, SEFI conducted the 'Love Your Eyes' campaign to propagate awareness among the public.



ORIENTATION PROGRAMMES AT SEFI

EYE CARE ORIENTATION PROGRAM FOR FIELD STAFF OF SST TRUST BY SEH-COIMBATORE

As part of World Sight Day, SEH-Coimbatore conducted an Eye Care Orientation Program for the Srinivasan Services Trust (SST - the social enterprise of TVS Motor Company and Sundaram Clayton Ltd) field staff on October 12, 2023. The program had the chairs of Mr. Swaran Singh (Chairman - Srinivasan Services Trust), Dr. RVR (Founder and Managing Trustee - SEFI), and Mr. Bharath Balasubramanian (President - SEH).

28 Village Development Officers of SST from Sirkali, Thirukkurungudi, Jawadhu Hills, Alwar, Gudalur, Kotagiri, and Padavedu attended this half-day orientation program. After this basic training, all 28 VDOs will do the preliminary eye screening of the school children in their areas along with the school teachers.



EYE CARE ORIENTATION PROGRAMME TO GOVERNMENT SCHOOL TEACHERS BY SEH-COIMBATORE

On November 01, 2023, as a part of the 'Rainbow' project, SEH-Coimbatore organized a one-day Eye care Orientation Program for 34 Government School teachers from Kotagiri and Gudalur along with their 11 Village Development Officers brought by TVS - SST (Srinivasan Services Trust). The program had the presence of Dr. RVR (Founder & Managing Trustee - SEFI), Dr. RR (Co-founder - SEFI), Dr. Palaniswamy IAS (Retd.), (Advisor - Education, TVS -SST),

Dr. Rajesh Prabhu (Consultant - PO, SEH-Coimbatore) addressed the common eye problems in children. Ms. Pandi Lakshmi S (Refractionist) demonstrated how to measure visual acuity along with the role-play exercise. After this training, a total of 40 Government Schools in Gudalur and Kotagiri blocks of the Nilgiris district with 3,963 children will have their preliminary eye screening done by the teachers.

Furthermore, the children identified with refractive errors will be provided free spectacle by us. Others who require surgery will be offered one at free cost at our Base Hospital in Coimbatore.





NANJAPPA COLLEGE OF NURSING ORIENTATION AT SEH-SHIMOGA

On October 09, 2023, SEH-Shimoga conducted a Department Orientation Program for Nanjappa College of Nursing students. Nearly 97 students participated in this orientation and received information on academic success strategies, ability to function safely in the college/hospital/campus premises, eye disease, and eye donation topics.

IOL FELLOWSHIP EXIT EXAM AT SEH-JAIPUR

On December 12, 2023, a total of 22 IOL Fellows gave their final theory and practical exam under the leadership of Dr. Neeraj Shah (CMO, Consultant - COR) and the supervision of External Examiners Dr. Mayank Aggarwal and Dr. Ameya Rajas Ingawale.



SEFI wishes all the Fellow Doctors a bright career ahead!



RJSEH ACTIVITIES FOR SWACH BHARAT YOJANA



As part of 'Swachh Bharat Yojana,' a mass 'Picking up the broom and cleaning the dirt' movement across the nation, RJSEH-Panvel on October 01, 2023, organized the 'Swachhata Hi Seva,' an environmental cleaning act, for which the in-house and outsourced staff of the unit participated and cleared the clutter nearby the hospital premises.

SEFI firmly believes and acts for the stance of maintaining cleanliness and keeping diseases at bay.

TITAN'S HAPPY EYES – NANNA KANNU PROJECT PAEDIATRIC OPHTHALMOLOGY SCREENING CAMPS

'Nanna Kannu' Team of SEH-Bengaluru conducted two days of Tertiary level RBH Paediatric Ophthalmology Screening Camps in Bagalkot Taluk on October 30 & 31, 2023. A total of 162 Children were screened by a Paediatric Ophthalmologist, out of which 40 were advised for spectacles, and 68 were referred to the Base Hospital. 31 Children were normal, and 23 were referred for Spectacles and Base Hospital consultation under Titan's Happy Eyes Project support.



◆ EYE SCREENING PROGRAMS ACROSS SEFI

ROP SCREENING BY SEH-BENGALURU

SEH-Bengaluru has started ROP (Retinopathy of Prematurity) screening across the Rural Government Hospital NICU in Bengaluru. As a part of this project, 6 newborns got screened on the first ROP screening at Nelemangala Government Hospital on November 24, 2023.



GUESTS AT SEFI

◆ USA DONOR VISIT TO SEH-SHIMOGA

On December 04, 2023, Mr. Gopalkrishna and Ms. Smruthi Kurse, donors from the USA, visited SEH-Shimoga. Ms Gayatri Shantaram (Unit Head - VS) gave the luminary an engaging hospital walkthrough on the day.

SEFI thanks the donors for their whole-hearted support in the past, present and future!



◆ EXCISE DEPUTY COMMISSIONER VISIT SEH-SHIMOGA

Ms. K K Sumitha (Excise Deputy Commissioner - Chickmagalur) visited SEH-Shimoga on November 14, 2023, and on behalf of SEFI, Ms. Gayatri Shantaram (Unit Head - VS) presented a perceptive hospital tour for the VIP guest.

SEFI offers a warm welcome to the Deputy Commissioner!

◆ ASHA WORKERS VISIT RJSEH-PANVEL

On December 30, 2023, representatives from 'ASHA' (Accredited Social Health Activist) visited RJSEH-Panvel to learn about the camp processes and the facilities available that enable them to assist in future camps and provide patient references.



VICE PRESIDENT OF MAHARASHTRA CRICKET ASSOCIATION AND EX-MAYOR OF PANVEL VISIT – RJSEH PANVEL

Mr. Chandrakant Mate (Vice President of Maharashtra Cricket Association) and Mr. Gharat (Ex-Mayor of Panvel) visited RJSEH-Panvel on November 29, 2023. Dr. Rajesh Kapse (Unit Head - SEH) welcomed the guests during their visit.

SEFI is proud to have Mr. Chandrakant Mate and Mr. Gharat as its dignitaries!



SEFI VISION CENTRES (Q3) 2023

Sankara Vision Centres provide preventive, curative, and promotive eye care services closer to the community in a sustainable manner!

INAUGURATION OF SIRKALI VISION CENTRE UNDER SEH-COIMBATORE

SEFI, in collaboration with Srinivasan Services Trust (SST - the social arm of TVS), initiated its 42nd Managed Vision Centre at Sirkali under the Coimbatore Unit on November 23, 2023. The Chief Guests, Dr. Sathyanarayanan (Medical Officer - Pudhupattinam) and Dr. Rajakumari (Medical Officer - Thennampattinam) performed the inaugural proceedings.

Mr. Swaran Singh (Chairman - SST) and Dr. Palaniswamy (Advisor - Education Domain - SST), also graced the occasion. Moreover, SST staff, local leaders, village people, and SST's SHG members attended the event. Mr. Rajadurai (MGR-CORP, SEH-Coimbatore) represented Sankara at the ceremony. During the inaugural day, screening was done for 28 patients, out of which 15 patients were given tele-consultation support by the Doctors at the Base Hospital in Coimbatore.





LAUNCH OF PONNURU VISION CENTRE UNDER SEH-GUNTUR

SEFI's 43rd Vision Centre at Ponnuru, under SEH-Guntur, was inaugurated on November 30, 2023. Chief Guest Shri. Rajasekhar Reddy Talla (IPD – Governor, Rotary Club), Guest of Honor Mr. Md Althaf Hussain (Circle Inspector of Police) and SEH-Guntur employees Dr. Sudhakar Potti (CMO, Consultant – COR), Mr. A Ravichandra (CPRO and IPS), Unit Heads – Ms. Tripura C H, Ms. Madhavi Machavarapu along with 15 Outreach Department and Support Staff graced the occasion.

MEDICAL EVENTS

DIABETIC RETINOPATHY MRVP CAMP BY NANNA KANNU TEAM OF SEH-BENGALURU

'Nanna Kannu' Team, in association with Sri Sathya Sai Hospital, Muddenahalli, conducted two days of Diabetic Retinopathy camps on October 11 & 16, 2023, in Sidlaghatta, Chikkaballapura district. Out of the 100 individuals who underwent screening, 50 received prescriptions for eyeglasses, and 21 were referred to Base Hospital for cataract and other surgery evaluations.

Under the Titan's Happy Eyes Project support, one cataract and one corneal surgery were performed at no cost to the patient.

Kudos Team Nanna Kannu for completion of yet another two-day MRVP Camp



INFORMATIVE ARTICLES BY SEH-BENGALURU'S DR VIDHYA

Dr. Vidhya C (Consultant – PO) published articles on Autistic Children that were titled 'Visual Hurdles in Focus for Autistic Children' and '83 out of 100 children with Autism diagnosed with several eye disorders: Sankara' in the December issue of 'Bangalore Mirror' of India Times and The Economic Times 'ET HealthWorld' respectively.

Visual hurdles in focus for autistic children

Several eye disorders have been diagnosed in 83 out of 100 children with autism, says study; experts suggest efforts to ensure every kid receives visual healthcare



Children with autism have been diagnosed with eye disorders, such as refractive errors and eye muscle weakness.

Dr. Vidhya C., Consultant Paediatric Ophthalmology, Sankara Eye Hospital, Bengaluru, conducted the study and highlighted, "In some cases, parents and caregivers may initially seek help from behavioural therapists, assuming that the issue lies solely within the realm of behaviour. However, it is crucial to recognise that refractive errors, such as nearsightedness or astigmatism, can also cause a child to adopt this visual behaviour. It is important to address any potential visual impairments before assuming they are solely behavioural."

In some cases, parents and caregivers may initially seek help from behavioural therapists - Dr Vidhya C, Consultant Paediatric Ophthalmology

Dr Vidya added, "Refractive errors can significantly affect an autistic child's visual perception and behaviour. Prescribing appropriate glasses based on a comprehensive eye evaluation can correct these errors, allowing the child to see clearly. Addressing refractive errors can have positive effects on a child's visual experience, potentially reducing sensory overload and improving their overall engagement and communication skills."

Dr N. Raghu, ophthalmologist Eye eye surgeon at SANKARA Eye Hospital, Bengaluru, also agreed and said, "Children diagnosed with autism spectrum disorder may exhibit a heightened vulnerability to developing various eye disorders. Research suggests that there is a noteworthy association between autism and an increased risk of ocular conditions. Autism kids can also have keratoconus, which can hinder their development activities. Periodic evaluation for any hidden ocular pathology like keratoconus, astigmatism, and retinal problems should be diagnosed and managed at the earliest possible time for better outcomes in managing kids with autism."

As a clinician, it is imperative to emphasise regular and thorough eye examinations for these individuals. Early detection and intervention can significantly impact the management of eye-related issues in children with autism, he explained.



83 out of 100 children with Autism diagnosed with several eye disorders: Sankara Eye Hospital - ET HealthWorld

Sankara Eye Hospital: The reasons behind the higher prevalence of these eye-related issues in children with ASD aren't fully understood. It might be due to a combination of



INFORMATIVE ARTICLE BY SEH-BENGALURU'S DR PALLAVI JOSHI

Dr. Pallavi Joshi's (Consultant - COR) exclusive article on Keratoprosthesis - a surgical procedure that implants artificial cornea, titled 'Eyes on the Matter', was published in The New Indian Express-Bengaluru on November 23, 2023.



Dr. Pallavi Joshi
Consultant, Cornea, Ocular Surface

HEALTHY

EYE CARE TIPS FOR WINTER

Winter is here! It is that time of year when people would love to get out in the snow and enjoy the beauty of nature. Wearing gloves, sweaters, and boots is very thoughtful.

But it is also equally significant to protect your eyes from dryness. Profiled below is a quick guide to keeping your eyes safe during winter.

- Mild interior temperatures can aid in moisture retention.
- Frequent blinking provides ample lubrication in the form of tears.
- Steer clear of areas that have heaters and radiators.
- Artificial tears can be quite beneficial.
- Staying hydrated helps.
- Wear high-quality goggles (during outdoors).

MEMORY LANE

CELEBRATIONS ACROSS SEFI

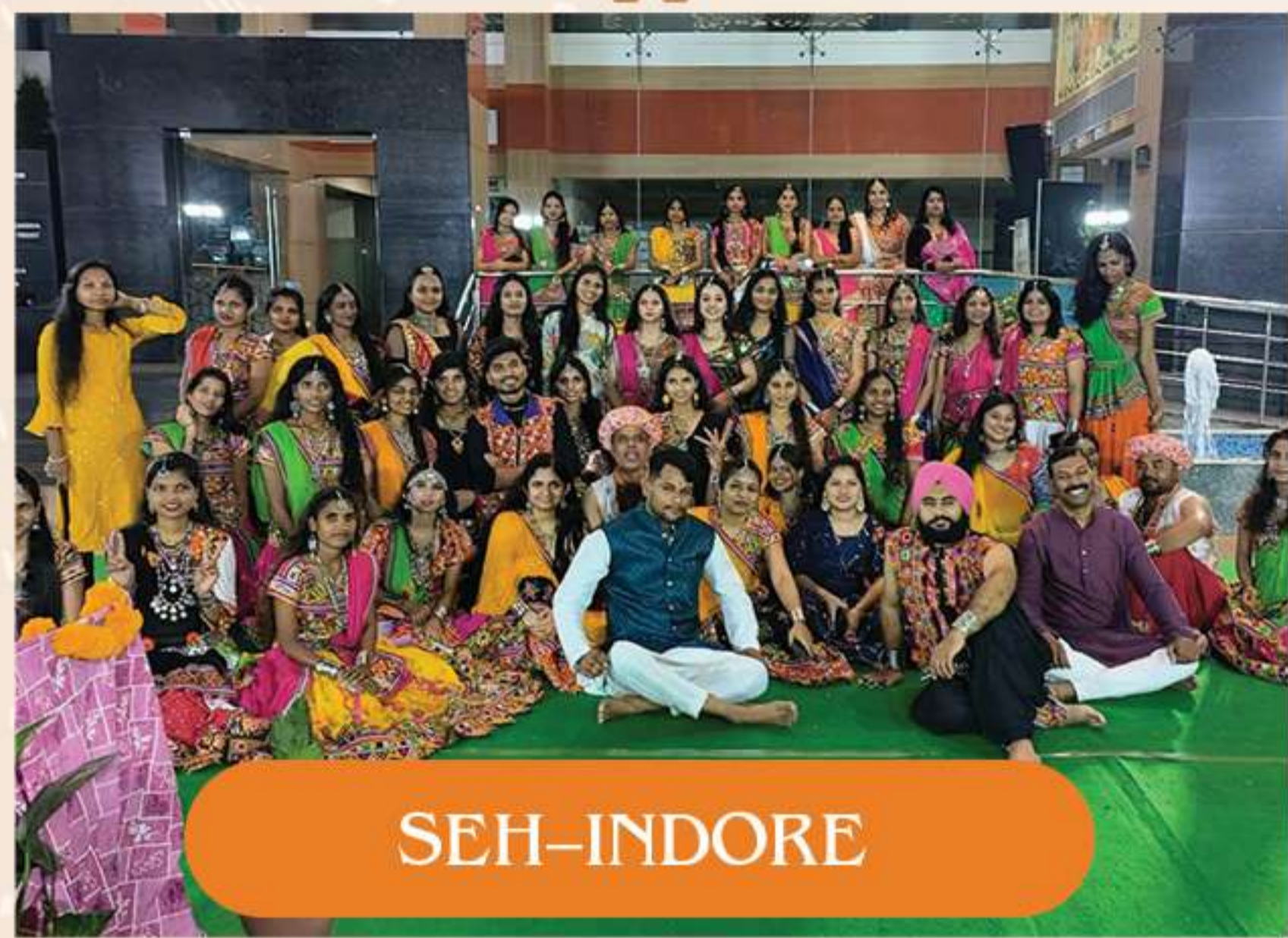
NAVARATRI CELEBRATIONS ACROSS SEFI



SEH-COIMBATORE



SEH-ANAND



SEH-INDORE



RJSEH-PANVEL

Navaratri denotes the victory of good over evil, and during these nine days, people worship the nine incarnations of Goddess Durga. SEFI celebrated Navaratri from October 15-24, 2023, with great joy and vibrancy.

AYUDHA POOJA AND SARASWATHY POOJA CELEBRATIONS ACROSS SEFI



SEH-COIMBATORE



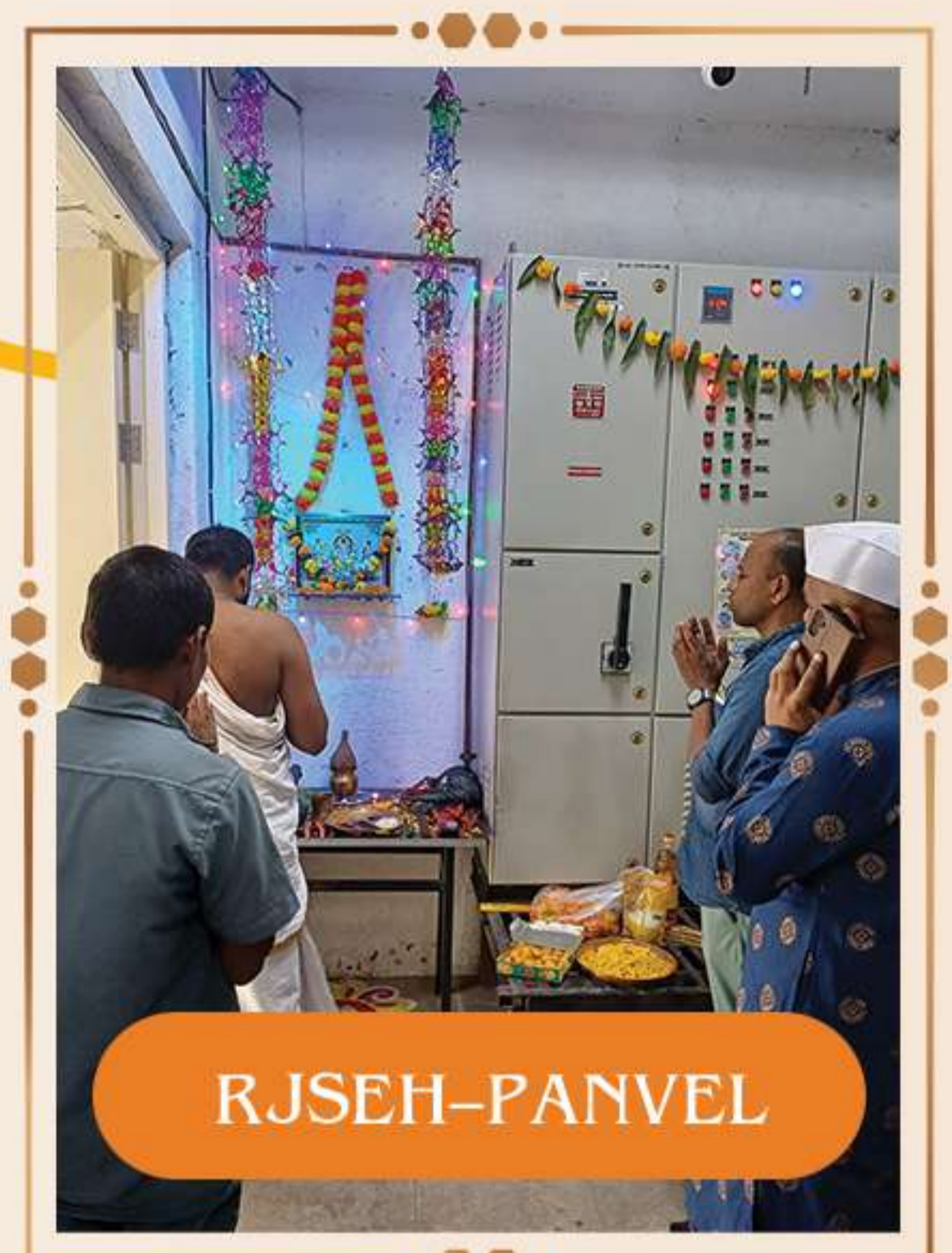
SEH-BENGALURU



SEH-KRISHNANKOIL



SEH-ANAND



RJSEH-PANVEL

Ayudha Pooja celebrations offer gratitude for the tools that simplify daily life. On Saraswathy Pooja, people worship Goddess Saraswathy - the deity of music, art, and learning, and seek her blessings to achieve wisdom and art.

SEFI units celebrated Ayudha Pooja and Saraswathy Pooja on a grand note on October 23, 2023.

DIWALI CELEBRATIONS ACROSS SEFI



SEH-COIMBATORE



SEH-KRISHNANKOIL



SEH-JAIPUR



SEH-RS PURAM (CCH)



SEH-SHIMOGA



SEH-GUNTUR



SEH-ANAND



SEH-INDORE

SEFI celebrated Diwali, the festival of lights, on November 12, 2023. Sweets were distributed to all employees on this bright and jubilant day.



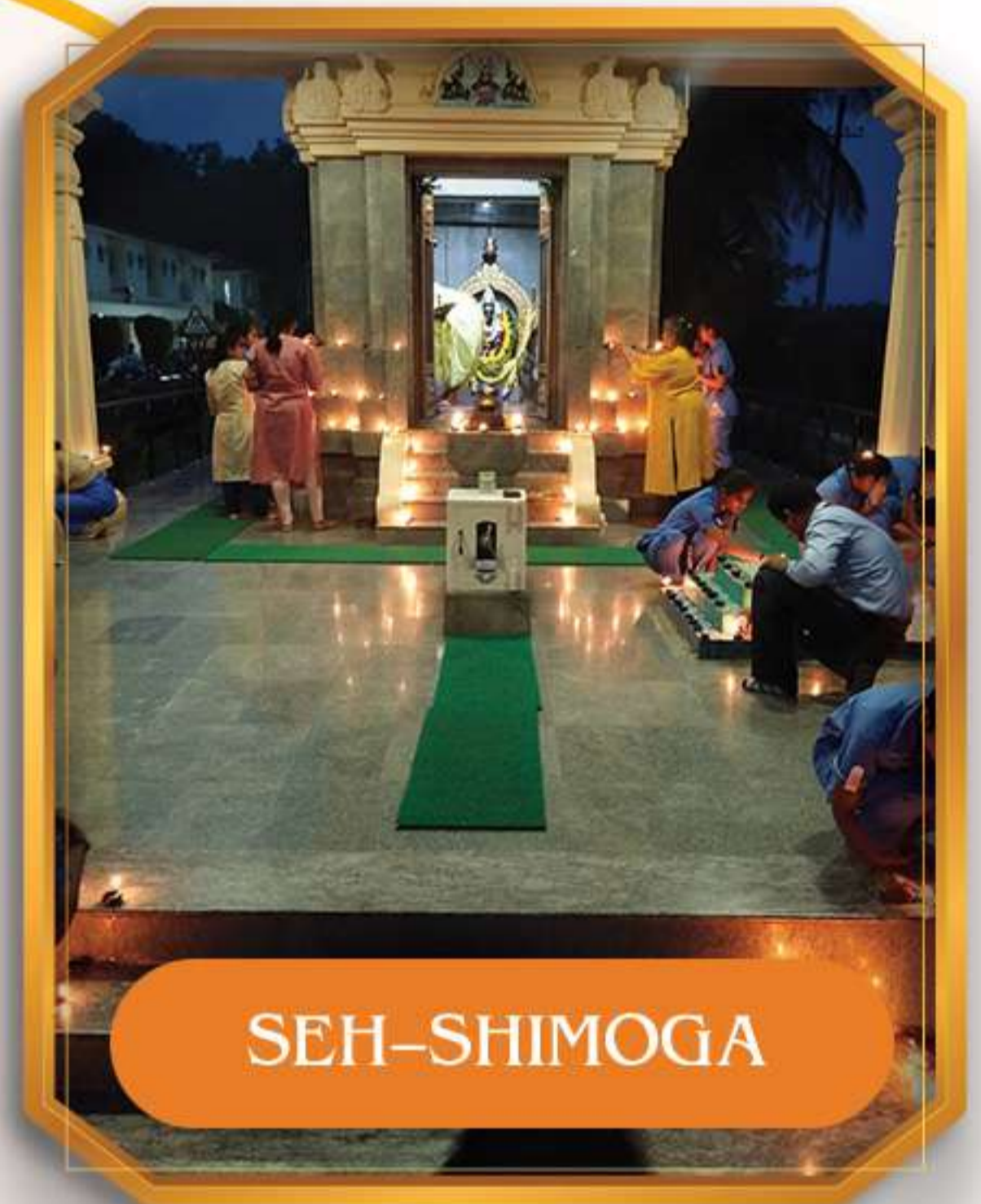
KARTHIKA DEEPOTSAVA CELEBRATIONS ACROSS SEFI



Karthika Deepotsava, a diya-lighting festival, is celebrated on Karthikai month (mid-November-Dec) Pournima (full moon) day, which embodies immense mythological and spiritual significance. SEH-Guntur and SEH-Shimoga celebrated Karthika Deepotsava on November 27, 2023, and December 11, 2023 respectively. All Doctors and Staff participated in the rituals performed on this auspicious day.



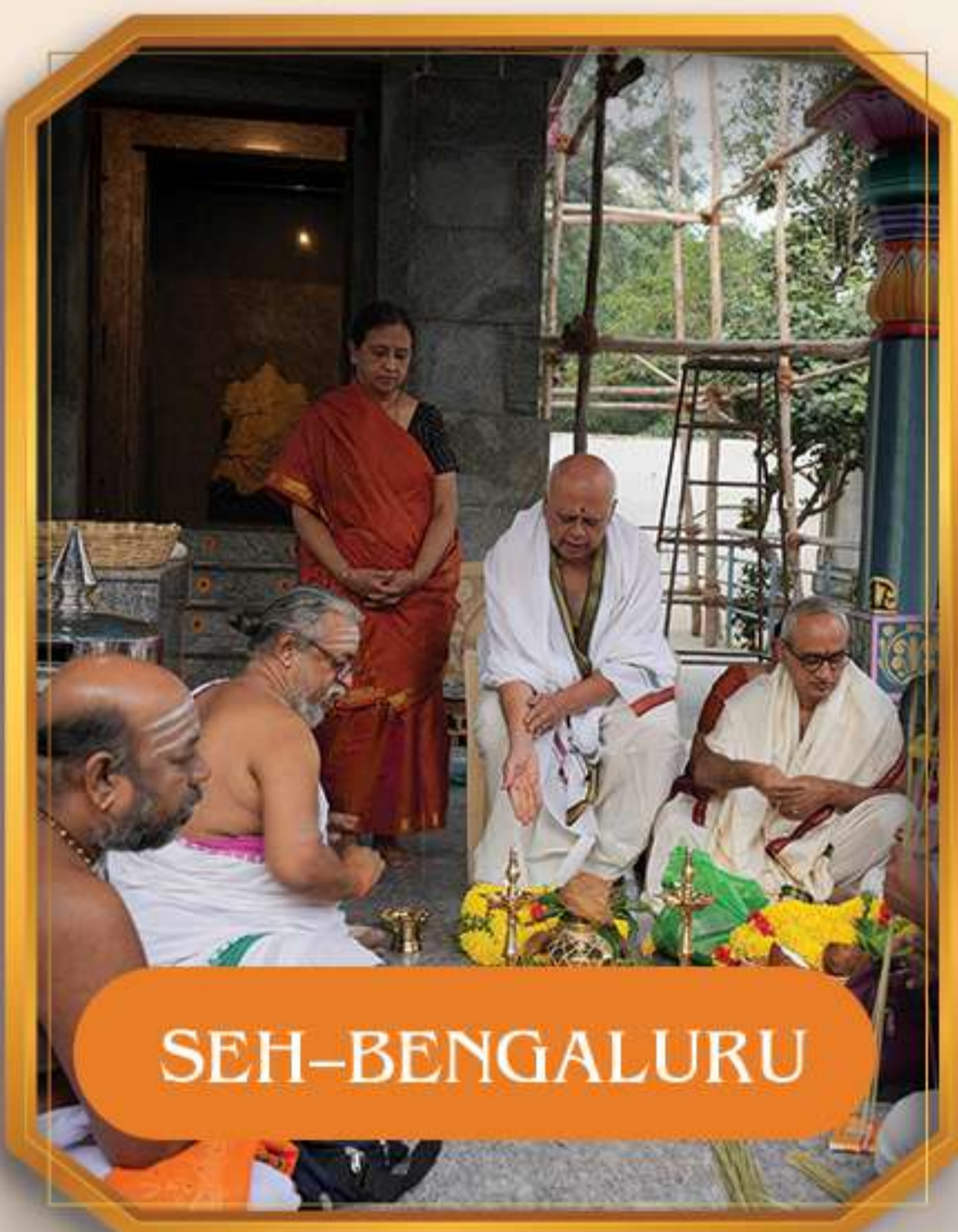
SEH-GUNTUR



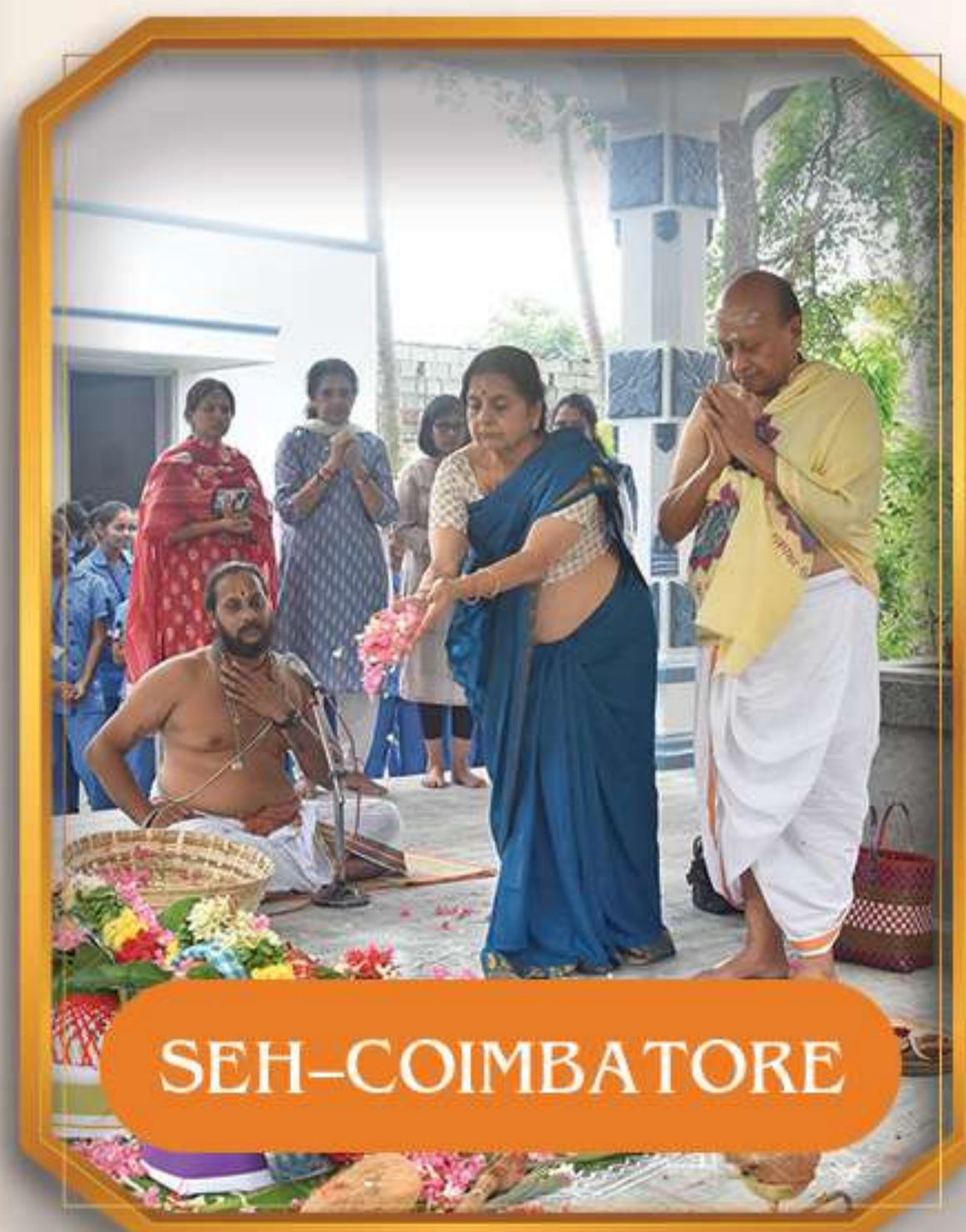
SEH-SHIMOGA



TEMPLE KUMBHABHISHEKAM ACROSS SEFI



SEH-BENGALURU



SEH-COIMBATORE

SEH-Coimbatore and SEH-Bengaluru had the temple Kumbhabhishekam happening on December 07, 2023, and December 08, 2023, respectively. Both units had their entire workforce participate on the auspicious day to acquire the blessings of the Lord Ganesh.



15TH ANNUAL DAY CELEBRATIONS AT SEH-SHIMOGA



On December 23, 2023, a lovely day became more memorable as SEH-Shimoga celebrated its 15th Annual day filled with entertaining and engaging cultural activities by all the Doctors and Staff of the unit. Also, there were jubilant moments during the prize distribution to the sports event winners on the day.

Together, we can create great memories and moments for a lifetime!

CULTURAL FEST FOR OPTOMETRY COLLEGES AT SANKARA COLLEGE OF OPTOMETRY – BENGALURU

SCO-Bengaluru hosted 'Reflectionz' - an Intercollege Cultural Fest for all Optometry Colleges on October 11 & 12, 2023.

Mr. Binoy (Film director - Blindfold), Ms. Jaya Bhavya (Executive Council Member - CII Young Indians), and Ms. Lavanya (Storyteller) were the special guests.

Dr. Kaushik Murali (President - MAQE), Prof. Aditya Goyal (Principal - Sankara College of Optometry), and Faculties of College of Optometry Bengaluru made their presence at this dynamic fest. The event had 550 students from different optometry colleges



FAREWELL CEREMONY ACROSS SEFI

DR. MITHUN AND MS VIDYA PANDI OF SEH-RS PURAM (CCH) BID FAREWELL

On October 30, 2023, SEH-RS Puram (CCH) organized a farewell ceremony for Dr. Mithun (Registrar-GLAU) and Ms. Vidhya Pandi (IC-OPD). The entire unit Doctors, Admin, and Staff were present on the day to convey their best wishes to the departing employees.

SEFI wishes Dr. Mithun and Ms. Vidya Pandi a bright career ahead!



FAREWELL CEREMONY FOR MR NATVARLAL DARJI OF SEH-ANAND

SEH-Anand organized a farewell ceremony for Mr. Natvarlal Darji (Trainee-VHV) on November 29, 2023. Dr. Nisha Ahuja (CMO - Consultant-COR) presented a farewell gift for the employee who served Sankara for four years. All the staff of the Anand unit gathered at the event to deliver their byes and best wishes on the day.

SEFI wishes Mr. Natvarlal Darji a happy retired life!



FAREWELL CEREMONY FOR DR NIVEDITHA AND MS SARASWATHI OF SEH-KRISHNANKOIL



SEH-Krishnankoil organized a farewell ceremony for Dr. Niveditha (Consultant-GO) and Ms. Saraswathi (TECH-CORP. OT) on November 23, 2023. A farewell gift was presented to the departing employees who served Sankara for 21 months and 4.5 years, respectively. Mr. Sathiyakumar (D. MGR-HR, MHQ) and SEH-Krishnankoil employees Dr. Sudha N (CMO, Consultant-GO), Ms. Nagalakshmi S (Officer-HR), Doctors, Admin and Paramedical Staff were present during the ceremony.

Best wishes from Sankara for Dr Niveditha and Ms Saraswathi

RETIREMENT CELEBRATIONS AT SEH-SHIMOGA

SEH-Shimoga organized a retirement ceremony on October 12, 2023, for Mr. Venkatesh Rao (TL-CORP) and Ms. Nagarathna H N (IC-General OPD), who had been with Sankara for 15 years. Nearly 67 employees, including Doctors and Staff, gathered on the day to bid them farewell.



CONVOCAATION CEREMONY AT SANKARA COLLEGE OF OPTOMETRY – BENGALURU

On October 13, 2023, Sankara College of Optometry (SCO) celebrated the convocation ceremony of 32 bachelor's and 27 master's students who graduated in 2023.

Ms. Sandhya Sriram (CFO - Narayana Health) and Dr. Prof D Jagadeswaran (Principal and Professor - Saveetha College of Allied Health Sciences, Chennai and Member National Council of Allied & Healthcare Professionals, India) graced the event.



SEFI wishes all the Optometry Grads a bright future!

WELCOME KIT DISTRIBUTION FOR NEW JOINERS



Ms. Gayathri
PC-SPL. WD
SEH-Krishnankoil

I present my gratitude to Sankara for handing over the welcome kit. I learned many things related to eye care after joining and serving at this prestigious organization.

I want to express my sincere thanks to Sankara for presenting me with the welcome kit. The kit included a plant, mug, pen, and journal. I feel thrilled as I have planted the seeds and begun growing the plant at home.



Ms. Muneeswari
TECH-CORP. OT
SEH-Krishnankoil



Mr. Narinder Pal Singh
Driver-HV
SEH-Ludhiana

I feel happy to receive this first kind of welcome in an organization. Thank you, Sankara!



Ms. Sangeeta Rani
Unit Accountant
SEH-Ludhiana

I am glad to get a welcome kit after joining the Sankara family and feel motivated. Thank you, and I highly appreciate such a kind of welcome to an employee. I am highly thankful for this opportunity to work with the Sankara Family and hope to have a long and wonderful work experience here.



Ms. Pooja Sain
IC-SPL.WD
SEH-Jaipur

Thank you very much for the warm welcome and the opportunity to join the Sankara team.

SEFI extends its warm welcome to all the new joiners!

EMPLOYEE ENGAGEMENT

FRUIT DISTRIBUTION TO CAMP WARD PATIENTS

SEH-GUNTUR



OCTOBER 2023



NOVEMBER 2023



DECEMBER 2023

SEH-INDORE



OCTOBER 2023



NOVEMBER 2023



DECEMBER 2023

RJSEH-PANVEL



OCTOBER 2023



NOVEMBER 2023



DECEMBER 2023

SEH-LUDHIANA



SEH-ANAND



SEH-COIMBATORE



SEH-SHIMOGA



SEH-JAIPUR



As part of employee engagement activities this quarter, SEH - Coimbatore, Shimoga, Anand, Ludhiana, Panvel, Jaipur, Indore, and Guntur units distributed fruits to the camp ward patients.

STAFF FAMILY GATHERINGS

SEH-GUNTUR



RJSEH-PANVEL



SEH-Guntur and RJSEH-Panvel organized staff family gatherings for this quarter. There were memorable moments during the cake-cutting ceremony across the units on the day.

Kudos to the Guntur and Panvel Units for making the birthday celebrations more special!

WELCOMING NEWBORNS

SEH-INDORE



On November 10, 2023, Ms. Anaswara Sudharshan (EXEC-HR), Mr. Vikram Singh Thakur (Store Keeper), and Mr. Manish Patankar (EXEC-BD) paid a visit to Dr. Aashish Gangrade (Registrar-PO) who had been blessed with a baby girl to congratulate him with a gift on behalf of SEFI.

BIRTHDAY CELEBRATION – MHQ HR DEPARTMENT

OCTOBER 2023



Mr. Sathiya Kumar V (D. MGR-HR) and a few other MHQ-Coimbatore staff visited the children of Tulsi Village on October 25, 2023, to celebrate their birthdays. The children presented their dancing, debate, and poetry recitation skills during the day. The team distributed sweets and snacks to the kids during the visit.

Tulsi villages were established under the Rural Development Programme by Dr. Radha Ramani (Co-founder - SEFI), in response to a request from the Tulsi Trust, a non-profit charitable organization.

WELCOME TO THE FAMILY



MR. VISWAMOHAN GANNAMRAJU
Unit Head, SEH-Hyderabad

Joined SEFI Family On: September 19, 2023

Mr. Viswamohan Gannamraju, an MBA graduate in Hospital Administration (Andhra University) and Finance (Sikkim Manipal University), earned his Postgraduate Diploma in Quality Management and Medico-Legal System from Symbiosis International University.

Mr. Viswamohan has 23 years of expertise in healthcare and hospital operations. He has held many pivotal positions in reputable super-specialty hospitals. His recent position was Chief Operating Officer at the Nagarjuna Hospital, Vijayawada.



COL. SUDEEPAKUMAR D MEHTA (RETD)
Unit Head, SEH-Anand

Joined SEFI Family On: October 07, 2023

Col. Sudeep Kumar D Mehta is a retired Indian Army Colonel. He completed his Diploma in Industrial Security and Master Diploma in Business Administration from the Indian Institute of Modern Management.

Col. Sudeep Kumar D Mehta served the Indian Army for nearly 31 years and worked as Vice President at a leading Steel Company in Khopoli, Maharashtra. His recent position was Director Administrator at Amity University, Maharashtra.

PATIENT STORY

◆ FIVE-YEAR-OLD PRESCHOOLER RAVIBHAI GOT HIS MATURED CATARACT FIXED AT SEH-ANAND

Five-year-old Ravibhai lives with his father, Mr. Manubhai, and mother, Mrs. Rekhaben, in Petlad Town, Anand District of Gujarat. The kid had matured cataracts in his right eye along with a retinal problem. Due to these conditions, he had trouble leading a regular life like any other kid of his age, and his parents were worried about and were looking for free-of-cost surgeries as their financial circumstances were not sound and stable.

Fortunately, they heard about the free eye surgeries provided by Sankara Eye Hospital through Mr. Satyanand Naik (Admin-CORP, SEH-Anand). With sheer bliss, they took their child to Sankara Eye Hospital in Anand, where post evaluations had his cataract operated on by the proficient surgeon Dr. Nisha Ahuja (CMO, Consultant-COR) on December 07, 2023.

The parents expressed enormous happiness and gratitude to the Sankara team of Doctors, Paramedical Staff and other Staff members for their excellent pre- and post-surgery care and support.



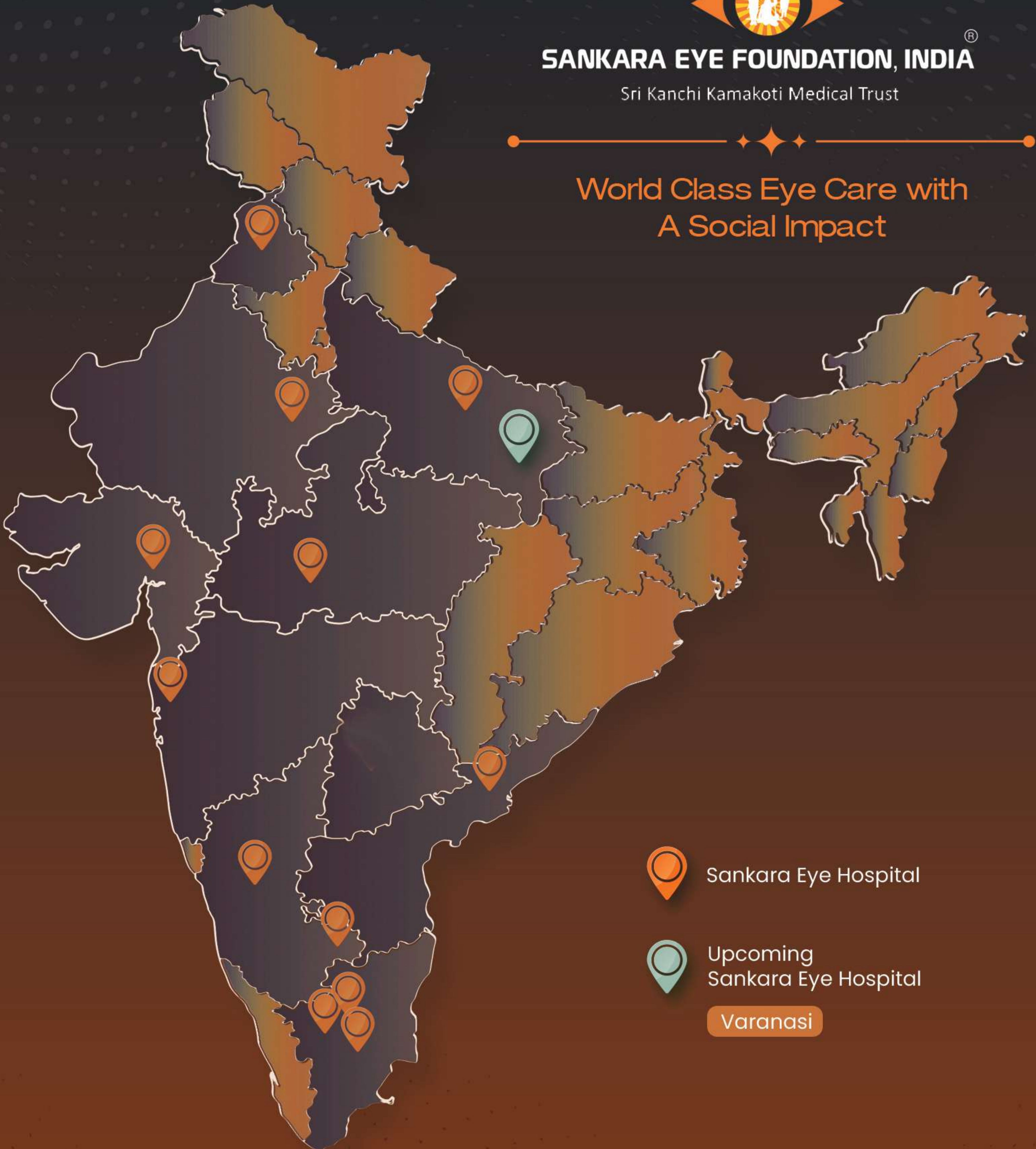
After the surgery, little Ravibhai was beaming and excited to return home and relive his childhood!



SANKARA EYE FOUNDATION, INDIA®

Sri Kanchi Kamakoti Medical Trust

World Class Eye Care with
A Social Impact



 Sankara Eye Hospital

 Upcoming
Sankara Eye Hospital

Varanasi

Journey of Million Smiles and Beyond



SANKARA EYE FOUNDATION, INDIA®



Hello SEFI

For feedback, please write to us at newsletter@sankaraeye.com

DROP BOX

E-mail your concerns personally on things that you want SEFI to relook.

Address it directly to the management and mail your ideas that benefits all at SEFI. Your idea can get recognized and honoured.

E-mail ID: newsletter@sankaraeye.com

SCAN QR CODE

