



**SANKARA EYE FOUNDATION, INDIA**®

Issue - 9

Q1, April 2021 - June 2021



# VISION MATTERS

**SANKARA EYE FOUNDATION  
INDIA**



Scan QR code

# LET'S ENGAGE

**Dear Team,**

I hope every one of you are safe and healthy.

The pandemic has taught us all important lessons. It has impacted almost every aspect of our lives - from sleepless nights to our emotions, and work-life balance has disturbed us to the core.

We faced them all, and here we are today, living the New Normal and opening up for the next wave with precautions in hand.

This period of transition is not easy. However, we have realized that for Organizations to swim through this period, a strong Vision, able Leadership coupled with systems, and above all, Divine Grace can only be the right ingredients.

It has made our Team Sankara a lot stronger and a lot more together.

We have realized that **it is a Magnificent Obsession, and we can proudly say that we are obsessed with it.**



Best Wishes,

**Mr. Bharath Balasubramaniam**

President - Operations

इसलिए जाना इच्छित भवान्थु

# PRIDE OF SANKARA

## AUSPICIOUS LAUNCH OF 'R JHUNJHUNWALA SANKARA EYE HOSPITAL' PANVEL, MAHARASHTRA

### SEFI's 12th Unit Is Now Operational

**SANKARA EYE FOUNDATION, INDIA**

1985 Mission Head Quarters - Coimbatore, Tamilnadu

2004 Krishnankoil - Tamilnadu

2004 Guntur - Andhra Pradesh

2008 Bengaluru - Karnataka

2008 Shimoga - Karnataka

2008 Anand - Gujarat

2011 City Hospital, Coimbatore - Tamilnadu

2012 Ludhiana - Punjab

2014 Kanpur - Uttar Pradesh

2017 Jaipur - Rajasthan

2020 Indore - Madhya Pradesh

2021 R Jhunjhunwala Sankara Eye Hospital Panvel, Maharashtra

**The magic of light touches the State of Maharashtra  
R Jhunjhunwala Sankara Eye Hospital  
Now operational in Panvel**

World Class Eye Care with a Social Impact

sankaraeye

Yet another milestone marked in the Pan India journey for Sankara Eye Foundation India.

Sankara gratefully acknowledges the involvement of R Jhunjhunwala Sankara Eye Hospital Trust and Sankara Eye Foundation - USA for the invaluable support in setting up our 12th replication at Panvel, Navi Mumbai, to serve the State of Maharashtra.

Due to the prevailing situation and restrictions on formal functions, the inaugural function was conducted with simple Pooja, Gruhapravesam, followed by the Soft Launch of the Hospital successfully on 23rd June 2021. It was indeed a simple yet heart-warming function with the Trustees from Mumbai participating along with the Doctors, Administrators, and Staff of R Jhunjhunwala Sankara Eye Hospital - Panvel.

This state of the art Eye Hospital will operate on the same pattern of 80:20 – Free: Paying model.

The Villages in the State of Maharashtra, the tribal hamlets of Raigad District, and the urban slums of Mumbai will be provided free eye care from this Hospital.

The affluent and middle-income patients in Panvel and surrounding Mumbai suburbs will constitute the paying Patients.



This Hospital with 78,000 Sq.Ft constructed area has the best equipment to provide services in all sub specialities of Ophthalmology.

With the much-required Human Resource developed by the Sankara Academy of Vision - the Doctors, Administrators, Staff, and VCT's have been trained extensively at Coimbatore, Bengaluru, and Guntur Sankara Eye Hospitals during the last couple of years.



Mr. Rakesh Jhunjhunwala and his Family along with Trustees Mr. Ashish Kacholia, Mr. Kalpraj, Donor Sri. P V Ramana and Family participated in the Soft Launch along with Founder Dr. RVR, Co-Founder Dr. RR, our Mentor Dr. JR, President Dr. Kaushik Murali, President Mr. Bharath, and our Steering Council Member Mr. Bhaskar Bhat. Our Trustee Mr. JM Chanrai graced the occasion along with executives from Mission for Vision.



Former MP - Mr. Ramsheth Thakur and Dr. Kavita Choutmal - the Mayor of Panvel City Municipal Corporation, visited the Hospital and were full of appreciation for this wonderful infrastructure.



The popular Singer Mr. Shankar Mahadevan, a good friend of Mr. Rakesh Jhunjunwala and Dr. RVR rendered the invocation song for this Divine occasion.



Other special invitees who participated in the event are Dr. Garg, and Mrs. Radha Garg, Mr. Ashish, and Ms. Sushmitha Kanolia, Ms. Niharika Jhunjunwala, Mr. Arvind Sanganeria, Ms. Usha Godbole, Mr. Mahendra Shah, Ms. Anju Goela, Mr. Deepak Gupta, and Ms. Rosie Jhunjunwala.

His Holiness Sri Vijayendra Saraswathi Swamigal, Sankaracharya of Sri Kanchi Kamakoti Peetam gave his blessings through Video Conferencing. The major Donors were bestowed with 'Sri Mutt Honours'. Prasad received from the Sankaracharya was distributed to all the participants.



By Mid-August, this Hospital will become fully operational.

True to the ethos of Sankara Eye Foundation India, **R Jhunjhunwala Sankara Eye Hospital - Panvel** will be world-class eye care with a social impact.



## IMPRESSIONS



*Shankar Mahadevan*  
23/06/21

“Congratulations to this amazing facility. I have been associated with Dr. Ramani & Rakeshbhai for over 20 years and this is a dream come true. So so happy.”

- Luv  
**Shankar Mahadevan**

# ZERO INFECTIONS FOR TWO CONSECUTIVE MONTHS AT

SEH - SHIMOGA

Team Effort at Its Best!



Dr Ravishankar



Savithamma K B



Paramesh B



Savitha C



Gayatri B



Anitha S



Dr Mahesh



Dr Kamala Subramanyam



Sathish T



Harish



Dr. Rashmi G K



Dr Bharath Anthesh

SEH - Shimoga successfully handled 462 surgeries in May 2021 and 232 surgeries in June 2021 without any infections. We appreciate your efforts.

**Congratulations Team!**

# SEH - COIMBATORE HONOURED WITH NABH ACCREDITATION

Ensuring Patient Safety with Quality Eye Care



We are happy to announce that SEH, Coimbatore has received its NABH Accreditation Certificate on April 29, 2021.

We thank everyone who made this possible

# SEH - LUDHIANA HONOURS STAFF WITH LONG SERVICE AWARDS

Rewards & Recognitions



SEH, Ludhiana recognized its staff and honoured them for their 5 years of service.

Congratulations Team!

Names	Department	Years of Service
Mohammad Nooruz Zaman	Faculty-Paramedical	5 Yrs
Rajinder Verma	Exec-CPD	5 Yrs
Jagdeep Singh Mand	Tech-Spl. OT	5 Yrs



# SPOTLIGHT

SEH - HYDERABAD PROJECT UPDATES - As of June 2021

Highlights



Received approval



Earthwork has been started

## MEMORY LANE

NURSES DAY CELEBRATIONS ACROSS SEFI

Salute To The Caring Angels!

### SEH - Kanpur



## SEH - Ludhiana



## SEH - Coimbatore

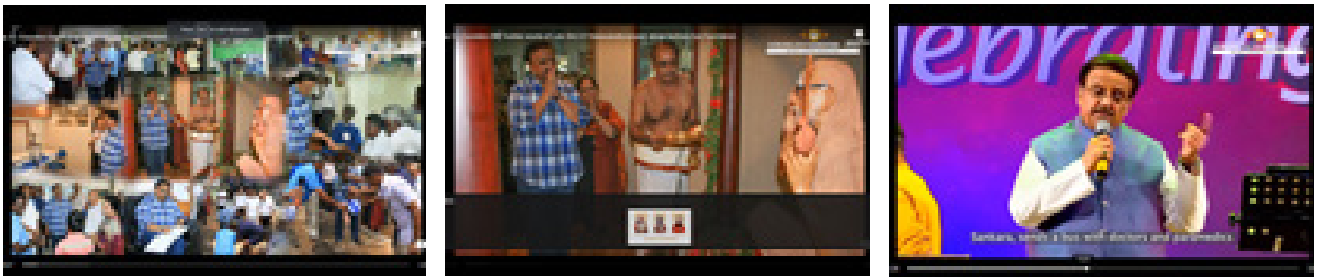


SEFI commemorated 'International Nurses Day', on May 12, 2021, across units, for honoring the nurses. We cannot forget their selfless services, especially during the pandemic.

**We wish them all a safe and happy life!**

### SEH - Coimbatore

#### The 'Great Soul - Late Shri SPB' appreciating 'SANKARA'



SEH - Coimbatore's Marketing Team presented the video of Late Shri SPB Sir sharing his thoughts about Sankara and our Founder - Dr. R.V.R. It was a pleasure watching the great soul wishing our foundation and appreciating our eye care services.

### SEH - Kanpur



SEH - Kanpur organized a pooja and prayed for everyone's well-being. Around 45 staff were present to receive the blessings of the almighty.

Considering safety during the pandemic, there were no celebrations in the units on 'Founders Day - May 21, 2021'

# WORLD ENVIRONMENT DAY ACROSS SEFI

Nurturing The Art of Almighty!

## SEH - Anand



## SEH - Ludhiana



SEH - Bengaluru



SEH - Krishnankoil



On June 5, 2021, to celebrate 'World Environment Day,' SEH - Anand, Ludhiana, Bengaluru, and Krishnankoil organized sapling planting and gifting events.

At SEH-Bengaluru, VCT Students made rangoli on the theme of environmental protection. The Optometrists team showed their talents by drawings and sketches about the environment.



## HAND HYGIENE DAY AT SEH - COIMBATORE

A Must For Today!



On 'World Hand Hygiene Day, May 5, 2021' MHQ-HR, Coimbatore created awareness about hand hygiene within the hospital premises. The importance of hand hygiene was displayed on the notice board and shared through emails and messages. We thank our entire staff for adhering to the norms and making use of the hand sanitizers in the right way.

- "Clean Hands – Germ-Free Life!"

# INTERNATIONAL YOGA DAY EVENTS AT SEH - BENGALURU & COIMBATORE

Yoga – A Way To Connect The Body, Mind And Soul!

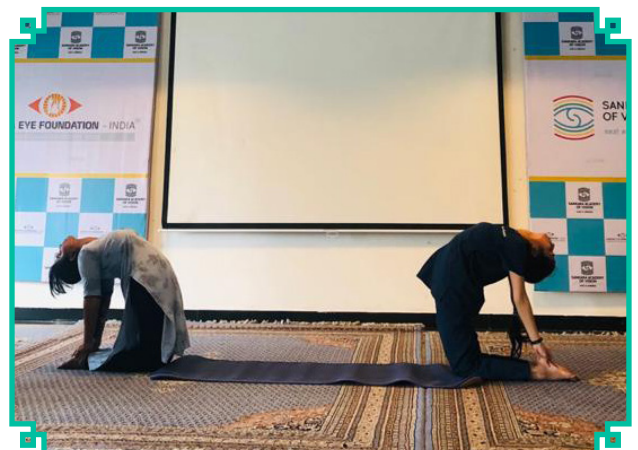
## SEH - Coimbatore



At SEH-Coimbatore, Ms. Anitha (Officer - Finance & Accounts) conducted a Yoga Session on June 21, 2021. The event shed light on 'Benefits of Yoga & Meditation in Day-To-Day Life' and helped the participants learn some basic poses. Ms. Binitha (Unit Head - VS) gave a speech on the 'Importance of Yoga' and motivated the gathered staff.

## SEH - Bengaluru

At SEH-Bengaluru, Dr. Shwetha (a fellow in the Retina Department), and Ms. Sreelekha (An Optometrist), educated all the staff about the 'Importance of Yoga' and taught some easy yoga asanas for beginners to practice daily.



## CANTEEN POOJA AT SEH - KRISHNANKOIL

Adieu To Outsourcing!



SEFI has always encouraged delivering the best quality food at the canteen across the units. Keeping that in mind, the team of SEH - Krishnankoil bids adieu to the canteen outsourcing agency and organized an inaugural pooja for the in-house canteen on April 30, 2021, with the commitment to serve the best food to people.

## FINANCIAL YEAR & TAMIL NEW YEAR POOJA AT SEH - KRISHNANKOIL

Prayer By A Pure Heart Is Always Powerful and Effective!

### Financial Year Pooja





## ■ Tamil New Year Pooja



SEH - Krishnankoil welcomed the new Financial Year & Tamil New Year by thanking Lord Ganesh with a special pooja on April 1, 2021, & April 14, 2021, respectively. Around 15 staff took part in the pooja. Due to the lockdown, there were no other celebrations.

# NEWS STAND

## — What's New? —

### GRACIOUS DONATION BY KURL-ON

The Best Act of Grace!



Kurl-on has graciously donated 100 mattresses to SEH - Anand, Gujarat, on April 6, 2021. Dr. Nisha Ahuja (CMO - Anand) has handed over the mattresses to Mr. Kishor Isai (Unit Head - Anand) on behalf of Kurl-on. These mattresses will be used for community outreach ward to comfort the poor patients.

SEFI wholeheartedly thank the team Kurl-on, for this precious deed.

## VISIT OF NGO PERSONNEL FROM 'PARIVARTHAN' TO SEH – KANPUR

Changing Lives Through Solutions!

NGO personnel from 'Parivartan' (an initiative of informed and concerned citizens of Kanpur), visited SEH - Kanpur through one of SEH's patrons, to discuss their future plans on conducting social welfare activities for poor communities.



## ANNOUNCEMENT OF PARTIAL LOCKDOWN AND SEFI'S SAFETY MEASURES

Support Extended As Always



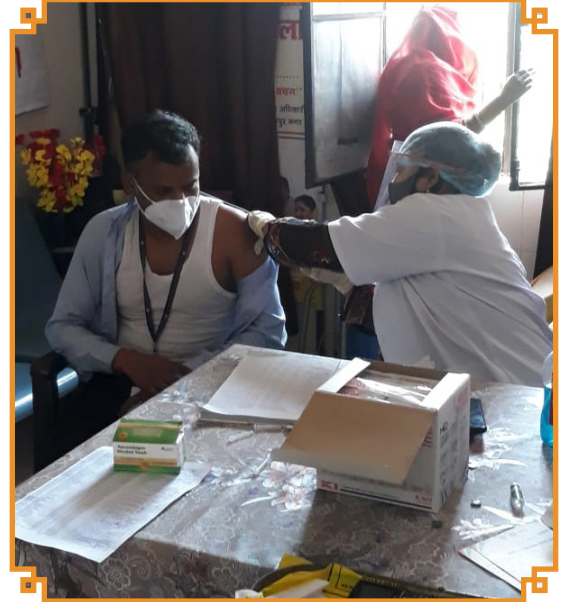
With continuous support to control the COVID - 19 spread, SEFI operated as per the government guidelines across the units during the partial lockdown. Outreach camps were postponed until further notice, and hospital services at all units were limited to examining patients with emergency eye problems. SEFI requested staff to stay safe, either by choosing the work from home option or visiting the office premises at a recommended time.

Each unit resumed as per the government orders in their states.

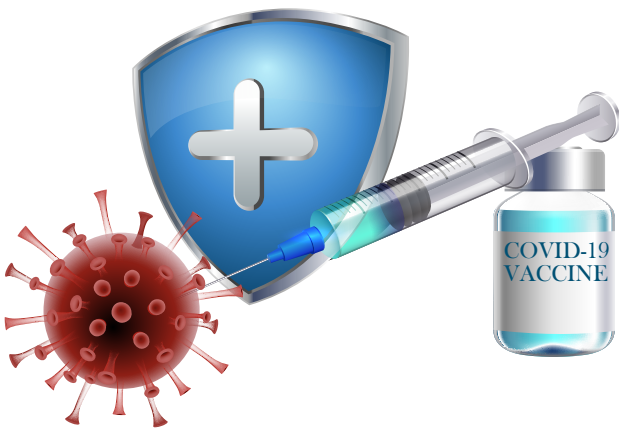
# CONTINUED DOSE OF VACCINATION SHOTS AT SEFI

An Attempt To COVID Free Zone!

## SEH - Kanpur



## SEH - Coimbatore



Staff had their vaccination shots at the respective hospitals/centres in their geological locations.

SEH - Coimbatore is in the process of getting more vaccines to cover the new joinees as well.





## DOCTORS OF SEH - COIMBATORE EDUCATING ABOUT MUCORMYCOSIS ON MEDIA

Raising Awareness To The Public



- **Dr. Shruthi Tara**  
(CMO-Consultant - Orbit & Occuloplasty),  
SEH - Coimbatore



- **Dr. Siddharthan K.S (Consultant – Cornea),**  
**SEH - Coimbatore**

Along with their continuing professional development, our doctors always proved themselves to be the best in creating awareness to the public about Mucormycosis.

Dr. Shruthi Tara (CMO-Consultant - Orbit & Occuloplasty) and Dr. Siddharthan K.S. (Consultant - Cornea) of SEH - Coimbatore were interviewed by Radio City - FM, to raise awareness about the deadly Blackfungus - 'Mucormycosis' on May 24, 2021, and May 20, 2021, respectively.

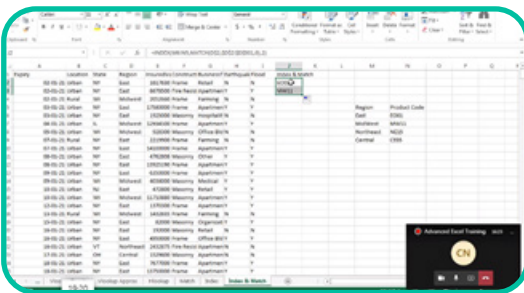
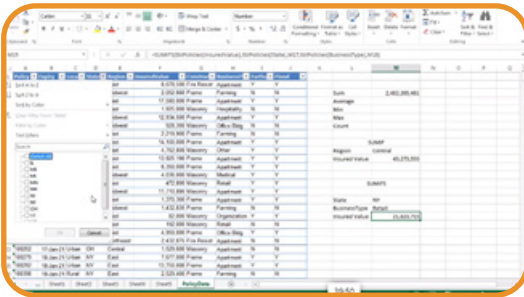
Dr. Siddharthan K.S. has also shared his publication with the local newspaper – 'Dinamani'.



**Kudos to our Doctors!**

## ADVANCED MICROSOFT EXCEL TRAINING FOR MHQ STAFF UNDER EMPLOYEE TRAINING & DEVELOPMENT

### MHQ – HR Initiative



Mr. Arun from MHQ-HR - Coimbatore has taken the initiative of introducing MS Excel training for the entire MHQ-Staff as a part of 'Employee Training and Development.' Mr. Sharvesan Kumar from Indra Institute, Coimbatore, is training the staff for an hour a day. The entire team has been making use of this useful session since April 21, 2021. After completing the training, all staff with 90% and above attendance record would receive a certificate from the ISO-Certified Institute.

Thank you, Mr. Arun, for the excellent initiative!

## PURCHASE OF OXYGEN CONCENTRATOR AT SEH - KRISHNANKOIL

### Life Saving Equipment



Keeping the COVID-19 situations in mind, SEH - Krishnankoil has proactively purchased 'Oxygen Concentrator' for the use of non-paying patients in the community outreach ward.

Mr. Nagendran (Supervisor – MNT) has installed it and showed a demo to the team.  
We appreciate the initiative!

## SEF'S VIRTUAL EVENT – 'SEF iWALK – 2021' TO BOOST OUR MISSION FOR VISION

Getting Fit For A Cause!



The poster features silhouettes of two people walking against a sunset background. The Sankara Eye Foundation logo is in the top left. The main text reads: 'SANKARA EYE FOUNDATION 2021 iWALK Walk/Run for Vision'. A pink box contains details: '5K OR 10K WALK OR RUN: APRIL 1', '30 DAY CHALLENGE 50 MI OR 100 MI: APRIL 1 TO 30, 2021'. Below this, it says 'WHERE: ANY PLACE OF YOUR CHOICE -Hiking trail, neighborhood, park etc.' and 'Register @ <https://runsignup.com/>'. At the bottom, it says 'KINDLY CONTACT YOUR HR FOR ANY PAYMENT QUERIES'.

SEF announced the virtual event 'SEF – iwalk' for the year 2021 with the intention of raising money for 3000 Eye Surgeries and Gift the Vision to the needy. It encouraged being healthy by practicing daily fitness activities such as walking, running, etc., from any comfortable place. The app 'Race Joy' helped track the steps and SEH published the results on the event page. Along with taking a pet for a walk, the event involved daily challenges of walk/run for 5 Km or 10 km and monthly challenges of 50 Miles or 100 miles from April 1, 2021, to April 30, 2021.

## VCT GRADUATION DAY CELEBRATIONS AT SEH - JAIPUR

Congratulations Graduates!





SEH - Jaipur celebrated its 'Graduation Day' on April 10, 2021. VCT's of the 2016-2017 batches: Sheelam Katiyar, Kaveri, Kirti, Poonam, and Priyanka Gautam got graduated and were honored with the certificates and medals in the presence of the Chief Guest - Ms. Jyoti Totla (Chairperson of Vishakha Committee & President of NGO CO.)

## EMERGENCY PREPAREDNESS PLAN AT SEH - SHIMOGA & GUNTUR

Safety Practice For A Safety Premise!

### SEH - Shimoga





A mock drill session was conducted at SEH - Shimoga on April 30, 2021, and June 5, 2021. Precautionary measures while handling risk, guidelines and instructions were discussed during the session. Totally 56 staff, including doctors and support staff, were present and benefited from the session.

## SEH - Guntur

SEH - Guntur organized a Fire Mock Drill for Transport, Security and Housekeeping staff on May 20, 2021. 15 staff attended the session.



## INFORMATIVE WRITINGS BY OUR (SEH – BENGALURU’S) STAFF TO AN INTERNATIONAL JOURNAL

Knowledge Shared Effectively!

ACTA Scientific has published the writings of SEFI’s Dr. Geeta Fulari (Manager - Quality), Dr. Kaushik Murali (President - MED, Admin & Quality), and Mr. Gokul Ratakonda (Clinical Psychologist) in their International Journal.

Psychological First Aid (PFA) in Improving Staff’s Confidence in an Eye Hospital during Times of Uncertainty from Ensuing Covid19 Pandemic



<https://actascientific.com/ASOP/pdf/ASOP-04-0316.pdf>

by Dr. Geeta Fulari, Dr. Kaushik Murali, and Mr. Gokul Ratakonda. (To study the effect of using principles of Psychological First Aid in improving staff’s confidence during the pandemic.)

## Editorial - Engendering Eye Care



(<https://actascientific.com/ASOP/pdf/ASOP-SI-01-0015.pdf>)

by Dr. Geetha Fulari and Dr. Kaushik Murali.

(To educate the importance of women's eye care especially during the lockdown.)

## AWARENESS POST ON 'WORLD AUTISM AWARENESS DAY' BY SEH - BENGALURU

Accepting Autistics As They Are!



With the guidance of Dr. Kaushik Murali (President MED, Admin & Quality), the team of SEH, Bengaluru created awareness about autism through a social media post on 'World Autism Awareness Day' on April 2, 2021.

We are proud to have a dedicated facility at SEH - Bengaluru that caters to persons from the Autism Spectrum and provides quality eye care for special needs kids.

Thanks to Dr. Kaushik Murali and the team!

# OPHTHALMOLOGY FELLOWSHIP INTERVIEWS AT SAV

Best Wishes to the Selected Candidates!



The Vitreo Retina & Medical Retina Speciality interview was held on June 7, 2021, and 8 out of 61 candidates got selected. For the remaining specialities, 33 out of 107 candidates got selected through Zoom meetings and will report to their respective units on July 12, 2021.

## PATIENT STORY

### DHANALAKSHMI'S HAPPINESS OVERLOADED AFTER THE SUCCESSFUL SURGERY AT SEH - COIMBATORE

Of All the Senses, **Sight** Must Be The Most Delightful!



Dhanalakshmi aged 49, a housewife from Ratinapuri, feels happy about her treatment at Sankara. As stated by Dhanalakshmi, doctors at SEH - Coimbatore created magic on her eyes. They healed her eyes by properly recognizing the cause and treating it well. Dhanalakshmi was suffering from a cyst and drooping lid problem since long back. It caused her defective vision and watering in both eyes.

She was examined and diagnosed with Blepharochalasis, and hence, advised for Cyst Excision and Ptosis Surgery. After successful completion of Cyst Surgery in both her eyes, she took a Ptosis Surgery on April 26, 2021.

She is very happy about the surgery done as her vision is clear and better now. She expresses her gratitude towards the team of doctors and management staff for their caring service.

Dhanalaskhmi doesn't have to struggle anymore to take care of herself and her family. She is now back with her 'Power of Life - Her Eyesight'.

## SOCIAL RESPONSIBILITY

### BLOOD DONATION CAMPS AT SEH - JAIPUR, BENGALURU & SHIMOGA

The Great Act of Kindness!

#### SEH - Jaipur



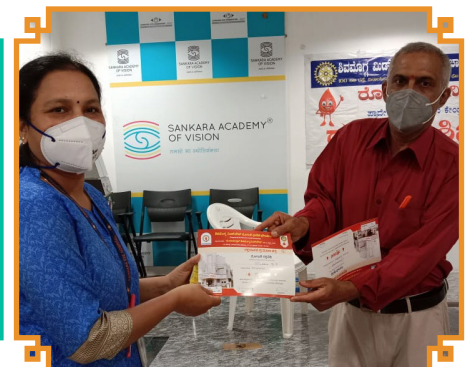
SEH-Jaipur organized a blood donation camp along with Santokba Durlabhji Memorial Hospital on May 9, 2021. The staff of Sankara came forward and donated 20 units of blood to help the needy.

## SEH - Bengaluru



Dr. Kaushik Murali organized a blood donation camp at SEH - Bengaluru on April 30, 2021, with the support of young Indians. More than 80 members, including staff, students and people from surrounding communities donated blood.

## SEH - Shimoga



Rotary Blood Bank organized a blood donation camp for staff and volunteers on June 14, 2021, at SEH - Shimoga. Around 18 staff of Sankara donated blood.

Thanks to all the donors. We appreciate this divine deed!

# GOLDEN WORDS FROM OUR LEADERS



“

So long as the mountains stand;  
So long as the rivers flow;  
So long as the sun and the moon and the stars  
shine;  
The Institution of yours should stand to serve  
the humanity!

- Sankara Eye Foundation India

”

Our obeisance at the Lotus Feet of the Sankaracharyas of Kanchi.



**SANKARA EYE FOUNDATION, INDIA**

Sri Kanchi Kamakoti Medical Trust

**World Class Eye Care With a Social Impact**



**Sankara Eye Hospitals**



**Upcoming Sankara Eye Hospital**

**Journey of Million Smiles and Beyond**



**Hello SEFI**

**For feedback, please write to me at [archana@sankaraeye.com](mailto:archana@sankaraeye.com)**

### **DROP BOX**

E-mail your concerns personally on things that you want SEFI to relook.

Address it directly to the management and mail your ideas that benefits all at SEFI. Your idea can get recognized and honoured.

E-mail ID: [newsletter@sankaraeye.com](mailto:newsletter@sankaraeye.com)



To view and download  
newsletter  
scan QR code